



**Kidney[®]
Health**

Australia

Kidney Health Australia

Primary Care Education

2017-2019 Program Information

www.kidney.org.au/health-professionals

Prevent, Detect, Support.

Who is Kidney Health Australia?

Kidney Health Australia (KHA) is a not-for-profit organisation dedicated to helping people with kidney disease, with a view to improving their health outcomes and quality of life, and that of their families and carers; by developing and driving initiatives to 'Prevent, Detect, Support', which has become our catchcry.

At the core of how we operate are our mission, vision and values.

- Our Mission:** To promote good kidney health through education, advocacy, research and support
- Our Vision:** To save and improve the lives of Australians affected by kidney disease
- Our Values:** Commitment to Excellence; working cooperatively; proactive leadership; and 'making a difference'.

Why is chronic disease education important?

Chronic Kidney Disease (CKD) presents a significant health problem in Australia. It is an important contributor to morbidity and mortality in the Australian population.

- **1 in 3** Australian adults is at increased risk of developing CKD due to identified risk factors including age, high blood pressure and diabetes³
- **1 in 10** Australians aged over 18 have indicators of CKD¹
- Individuals with CKD are **2-3 fold greater risk of cardiac death** than individuals without CKD⁵
- **CKD, cardiovascular disease and diabetes** have a substantial impact on the health of Australians, affecting almost **1 in 4 adult Australians**, or an estimated 3.7 million Australians²
- A person can **lose up to 90% of their kidney function** before experiencing any symptoms
- The usual setting for initial assessment and diagnosis of CKD is in general practice³
- CKD is not being adequately detected or appropriately managed in primary care^{2,4}

By providing education on the detection and management of CKD, we have the opportunity to empower primary health care professionals, improve health outcomes for individuals living with CKD, and reduce the burden of CKD in the community. We also have the opportunity to impact on other chronic disease outcomes.

CKD, cardiovascular disease and diabetes share many risk factors, such as high blood pressure, obesity, and smoking. There are also complex causal relationships between these conditions.

Modifying and controlling shared risk factors for these diseases not only reduces the risk of on-set of disease, but also has a favourable impact on disease progression and the development of complications - with the potential for large health gains in the population.

KHA's primary care education program includes a strong focus on the links between diabetes, cardiovascular health and kidney health.

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Primary Care Education

KHA is actively involved in advancing the national CKD agenda, and leads the way in health messages and recommendations for kidney disease detection and management in Australia.

The **aim** of our Primary Care Education program is to support best practice detection and management of kidney disease and related conditions by providing comprehensive clinical education and resources for health professionals working in primary care.

Our **major initiative** is the development and implementation of a series of world-class education modules for Australian primary care health professionals. These modules are run as interactive face-to-face or online learning sessions aiming to improve the knowledge, detection and management of CKD in general practice.

Additional activities include the development and publication of position statements, peer-reviewed articles, government advocacy, conference presentations, and the development and distribution of key clinical resources for primary care.

Highly regarded resources – the guideline handbook '**CKD Management in General Practice**' and the supporting phone app, **CKD-Go!**, amongst others, support the ongoing improvement of knowledge, detection and management of CKD and are considered 'must have' references for all primary care health professionals.

The **scope** of our program is broad and covers:

- all primary care health professionals, including those working in indigenous communities
- A range of kidney related topics from core CKD management, through extended interest topics and complex cases.
- Education on chronic diseases that often co-exist with kidney disease, such as diabetes and cardiovascular disease

We have...

- **Provided education** to over **31,000 health professionals** through either face-to-face or online learning modules nationally.
- **Created** over **15 educational modules** for primary care health professionals on CKD and interrelated topics.
- **Developed** and **distributed** over **55,000 copies** of the 'CKD Management in General Practice' handbook and developed an associated phone app.
- **Undertaken a national surveys of General Practitioners on their attitudes to and management of CKD**
- Implemented **automatic reporting of eGFR** on all pathology reporting nationally
- Developed national **proteinuria guidelines** for the detection of CKD
- Developed national **Nephrology referral guidelines**

Primary care education activities are governed by an **expert committee** comprised of prominent kidney specialists, general practitioners, primary health nurses, educators and government representatives. The committee is chaired by Professor David Johnson.

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How our Education Program works...

KHA works closely with other organisations such as Primary Health Networks, GP training organisations and other groups interested in providing education for health professionals. Under this 'partnering' format, KHA arranges the clinical content and presenter and the partnering organisation 'hosts' the workshop.

Our education format is quite flexible and we are always happy to try and work with individual organisations to provide CKD content in a format that aligns with their planned events.

In general, our Primary care education is offered in the following formats:

- Interactive face-to-face workshops (usually 1 hour or 2 hour sessions)
- Active Learning Modules – run as full day workshops or split over multiple dates (6 hours of education)
- Quality Improvement activities
- Online learning
- Conference sessions
- Interactive web-based sessions

Our education is designed to be interactive with group activities, case studies and discussion underpinning the presentation format. Education sessions are facilitated by a Nephrologist or Renal Nurse carefully selected to fit with the audience and learning outcomes for the session.

Education modules are provided as a complete educational package including a program, session plan, presentation, case studies, handouts, evaluation forms and reporting. The modules are also accredited for Continuing Professional Development with The Royal Australian College of General Practitioners (RACGP); The Australian College of Rural and Remote Medicine (ACRRM); and Australian Primary Health Care Nurses Association (APNA). Should you require accreditation for your event, please discuss this with our team.

A list of the modules we currently offer are shown overleaf.

All modules are designed for 2-hour duration and are accredited with the RACGP QI&CPD program for the 2017-2019 triennium for 4 Category 2 points. Kidney Health Australia is an accredited Activity Provider under the RACGP QI&CPD Program. Each module has also been approved with ACRRM for 2 Core PDP points. Modules can be adapted to fit alternate durations.

To create an Active Learning Module, simply select one module from each area: Core CKD Topics, CKD and chronic conditions and CKD extended learning

Fees and charges apply to any education requiring RACGP accreditation for GP attendees. For more information please contact the Primary Care Team.

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2017 Primary Care Education Modules

Topics	GPs 	Nurses 	Indigenous Health Workers 	Other health prof 	Online 
Core CKD					
1) Detecting & Managing Chronic Kidney Disease	✓	✓	✓	✓	✓
2) Managing stage 3 CKD: Disease progression & complications	✓	✓*			
3) CKD issues for General Practitioners: 4 common cases	✓	✓*			✓
4) CKD in Indigenous Australians	✓	✓*			
5) Understanding CKD: Aboriginal & Torres Strait Islander Health Services		✓	✓	✓	
CKD and chronic conditions					
6) Connecting CKD: managing resistant hypertension	✓	✓*			
7) Connecting CKD: the link with cardiovascular disease	✓	✓	✓	✓	✓
8) Connecting CKD: the link with Diabetes	✓	✓	✓	✓	✓
CKD extended learning					
9) <u>Acute Kidney Injury</u>	✓	✓*			
10) Impacts of CKD in older people	✓	✓	✓	✓	
11) eGFR and drug dosing in CKD	✓	✓*		✓	
12) Managing stage 4 & 5 CKD: working with the nephrologist	✓	✓*			
13) Decision support and symptom control in ESKD	✓	✓*			
14) **NEW** Polycystic Kidney Disease	✓	✓*			

*Indicates learning outcomes are pitched at a GP level but would generally be suitable for any health professional who is involved in CKD management.

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Primary Care Education booking process

To host a workshop, you...

- Contact the Primary Care Education team
- Select the module(s) you would like to have presented; a description of each module can be found in the module outline document
- Confirm your education accreditation requirements
- Nominate your preferred dates – some flexibility may be required to fit in with speaker availability, particularly in rural areas
- Arrange the venue, catering and sponsor (if applicable)
- Invite participants (KHA provides a template flyer for your use)
- On completion of a workshop, return attendance list, evaluation forms and summary and a completed host feedback form to KHA
- Issue individual certificates (template is provided) to workshop participants

KHA will...

- Source an appropriate speaker for your workshop (usually a Nephrologist or Renal Nurse) – where possible we will try to use a local presenter and confirm workshop booking details at the earliest convenience
- Cover the costs incurred by the speaker (if previously arranged)
- E-mail you all workshop materials (template invitations, certificates, evaluations, case study notes etc.) and post out copies of the publication 'Chronic Kidney Disease in General Practice' for each participant
- Complete administration requirements associated with RACGP & ACCRM accreditation– if applicable & arranged in advance
- Prepare an activity report which is provided to the hosting organisation, speaker and accreditation bodies



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Further information

For further information on Kidney Health Australia's Primary Care Education Program, or to book a workshop, please contact our Primary Care Education team:

Contact our Team

PrimaryCare@kidney.org.au
P | 08 8334 7512

www.kidney.org.au/health-professionals

KHA Clinical Directorate
136 Frome Street, Adelaide SA 5000
GPO Box 9993, Adelaide SA 5001

Online Learning

To access our free online learning modules, please visit
www.thinkgp.com.au/kha

KHA's Primary Care Education Program is proudly associated with the following organisations



Thanks to our Supporters

