

## Early detection of CKD using Kidney Health Check<sup>18,19</sup>

Indications for assessment*	Recommended assessments	Frequency
Diabetes	Urine ACR, eGFR, blood pressure	Every 1-2 years <sup>§</sup>
Hypertension		
Established cardiovascular disease**	If urine ACR positive repeat twice over 3 months (preferably first morning void).	
Family history of kidney failure		
Obesity (BMI $\geq 30$ kg/m <sup>2</sup> )	If eGFR < 60mL/min/1.73m <sup>2</sup> repeat within 7 days.	
Smoker		
Aboriginal or Torres Strait Islander origin aged $\geq 30$ years <sup>¶</sup>		
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History of acute kidney injury	See recommendations on page 28	

\* Whilst being aged 60 years of age or over is considered to be a risk factor for CKD, in the absence of other risk factors it is not necessary to routinely assess these individuals for kidney disease.

\*\* Established cardiovascular disease is defined as a previous diagnosis of coronary heart disease, cerebrovascular disease or peripheral vascular disease.

§ Annually for individuals with diabetes or hypertension.

¶ See page 12 for more detail regarding recommendations for testing in Aboriginal and Torres Strait Islander peoples.