

What is next?

1. Feedback to community and staff about the consultation
2. Send the report to the Indigenous Guidelines Writing Group and Government of Australia
3. Form an Aboriginal Kidney Consumer Reference Group
4. Follow-up consultation in Port Augusta, 6 & 7 February 2019
5. Rethink how CNARTS provide clinical services



More information

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‘Yarning Kidneys’ Session to inform Indigenous Guidelines and the Improving Aboriginal Kidney Care Together Research

Kanggawodli, 13 December 2018





Kidney health is important to us, community need to learn about kidneys.

Importance of family, country and community

- It is hard to leave home to have treatment – we feel fearful, lonely and isolated.
- Cultural, family and community obligations are important, but can't be met when away from home.

Need dialysis close to home

- Dialysis in the community is the ideal situation.

Not enough kidney education

- Dialysis came as a surprise.
- Kidney talks are not available in rural and remote communities.
- Kidney education should start with young kids. Schools and parents have responsibility to educate children.
- Aboriginal Medical Services and Aboriginal Health Workers have responsibility to educate community about kidneys.
- Videos, workshops and storytelling by Aboriginal people are best ways to educate about kidneys.

Early detection

- Doctors should tell us to bring our family to check their kidneys.

Good communication is important

- English may not be first language – we need to use interpreters more, and written information should be translated to first languages.
- Keep language simple and speak softly and slowly.

Cultural awareness

- Doctors and nurses should know more about culture and be aware that land and family are important.
- Health workers should better understand how Aboriginal people perceive kidney disease and treatments.

It's difficult to access services

- We want transport for all kidney patients.
- Lots of appointments – make appointments on the same day as dialysis treatment.

Lifestyle changes are hard

- We need cooking and shopping classes.
- Family camps are good to learn about kidneys.

The Government should give more funds for kidney health services.

