

## Big Red Kidney Bus

# Information for your holiday dialysis

We look forward to having you aboard the Big Red Kidney Bus for your holiday dialysis. The Bus can adapt to changing climate as we have heating/cooling units installed. There are individual TV sets with access to a socket for headphones. Tea, coffee and biscuits are provided. If you require lunch please bring this with you.

### Things to arrange prior to your holiday

Book your holiday accommodation. Most of the Holiday Parks where the Bus is located give a discount, so please mention the Big Red Kidney Bus when making a booking.

Arrange transport to and from the holiday destination, as well as from your accommodation to the Bus location for your dialysis. There is a hydraulic hoist on the Bus, therefore, we are able to accommodate people with wheelchairs. However, you need to be able to transfer from the wheelchair to the dialysis chair unassisted.

There is no facility to store any medications on the Bus, so please ensure that you bring with you all your medications for the duration of your holiday, including Panadol or antacids if required. As the Bus has limited space, please wash your fistula arm before coming to the Bus for your dialysis.

### Checklist

- Anticoagulant - Heparin/Clexane/Fragmin
- Epo - Aranesp/Eprex/Neorecormin
- Prescription medications (inhalers should be full)
- Special Dialysers (Stock held Fresenius FX series)
- Copy of your last 3 Run Sheets from your Dialysis Unit
- Dull Needles if your fistula has Button Holes
- A pillow with plastic cover\* to rest your arm on
- Blanket\*
- Bath towel to cover your chair (optional)\*
- Headphones for the television

*\*Check with your accommodation as they may be able to provide these for your dialysis sessions.*