Primary Care Education Program
www.kidney.org.au/health-professionals

2017-2019 Program Information
Kidney Health Australia

Kidney Health Australia was established in 1968 as the Australian Kidney Foundation. We are not-for-profit organisation dedicated to improving health outcomes and quality of life for people living with kidney disease, their families and carers.

KHA’s primary care education program includes a strong focus on the link between diabetes, cardiovascular health and kidney health.

Chronic Kidney Disease (CKD) presents a significant health problem in Australia. It is an important contributor to morbidity and mortality in the Australian population.

CKD & Chronic Disease

Every second person with Type 2 Diabetes will have CKD

Individuals with CKD are 2-3 fold greater risk of cardiac death than individuals without CKD.

CKD, cardiovascular disease and diabetes share many risk factors, such as high blood pressure, obesity, and smoking. There are also complex causal relationships between these conditions.

Modifying and controlling shared risk factors for these diseases not only reduces the risk of onset of disease, but also has a favourable impact on disease progression and the development of complications - with the potential for large health gains in the population.

How much CKD in Australia?

1 in 3 at Increased Risk

1 in 10 have Chronic Kidney Disease

90% of kidney function can be lost without experiencing any symptoms
KHA Primary Care leads the way in providing world-class education on detection and management of kidney disease for GPs and other health professionals.

KHA Primary Care reaches around **43,000 primary health care professionals** every year

**What does KHA Primary Care do?**

- Develop and implement world-class education modules for Australian primary care health professionals.
- Face-to-face and digital learning platforms
- Develop and distribute clinical tools, resources and quality improvement activities
- Clinical advocacy
- Peer-reviewed articles and position statements

**The scope of the education program is broad and covers:**

- All primary care health professionals, including those working in remote Indigenous communities
- A range of kidney related topics from core CKD management, through extended interest topics and complex cases
- Education on chronic diseases that co-exist with kidney disease, such as diabetes and cardiovascular disease
- A complete list of modules is included

**Who is KHA Primary Care?**

Primary care education activities are governed by an **expert committee** comprised of 17 prominent kidney specialists, general practitioners, primary health nurses, educators and government representatives.

**The committee is chaired by Professor David Johnson.**
Booking a KHA Education Session

Our education format is flexible providing CKD content that suits your planned event and audience in a complete package (session plan, presentation, case studies, handouts, evaluation forms, and template documents for invitations and certificates). The education modules are designed to be interactive with case study discussion underpinning the presentation format.

All education sessions are facilitated by a Nephrologist or Renal Nurse carefully selected to fit with the audience and learning outcomes for the session, and in general, our education is offered in the following formats:

- Interactive face-to-face workshops (usually 1 hour or 2 hour sessions)
- Active Learning Modules – held as full day workshops (6 hours of education)
- Quality Improvement activities
- Online learning
- Conference sessions
- Interactive web-based sessions

Primary Care Education booking process

Contact the KHA Primary Care Education team → An expert a speaker is sourced for your session and workshop details are confirmed by KHA → CPD accreditation is available on request with a fee

Workshop is held. You return evaluations, attendance and feedback to KHA → Post workshop admin requirements are completed by KHA

All workshop materials are provided by KHA. Various resource packs are available to order to complement the education (see list below)
What is your role in the workshop?

KHA partners with other organisations in the delivery of our education. Under this format, your organisation would ‘host’ the education and KHA would deliver the education.

As host, your role includes the following:

- Inviting your health professional audience
- Arranging and covering the cost of the venue and catering (many organisations find a sponsor for this)
- Manage the event registrations
- Attend the workshop and provide print outs of workshop materials to participants
- Collect evaluations forms (template provided) and return to KHA following the education session

KHA will undertake the following:

- Source an appropriate speaker (usually a Nephrologist or Renal Nurse) for your workshop and brief them on what is required for the session
- Provide electronic copies of all workshop materials (template invitations, certificates, evaluations, case study notes, copy of the PowerPoint presentation etc.)
- Liaise with you regarding optional resources for each participant
- Complete administration requirements associated with RACGP & ACCRM accreditation— if applicable & arranged in advance
- Prepare an activity report to send to the host organisation, speaker and accreditation bodies

Does it cost me anything to run a KHA workshop?

Kidney Health Australia is pleased to provide the following workshop services at no charge to host organisations

- An expert presenter
- Our expert knowledge on Chronic Kidney Disease (CKD)
- Electronic documents required to host education (e.g. PowerPoint presentation, case study handout, evaluation forms, invitation template, certificate template, session plan)
- A Kidney Health Australia coordinator to liaise with your team
- Optional RACGP accreditation (charges apply)

The only items that we charge for are

- Accreditation of education
- Patient & health professional resources to accompany the education

Further details of fees and charges can be found in the appendix at the end of this document.
# Primary Care Education Modules

## Topics

<table>
<thead>
<tr>
<th>Core CKD</th>
<th>GPs</th>
<th>Nurses</th>
<th>Indigenous Health Workers</th>
<th>Other health prof</th>
<th>Online</th>
</tr>
</thead>
<tbody>
<tr>
<td>Detecting &amp; Managing Chronic Kidney Disease</td>
<td></td>
<td>✓</td>
<td></td>
<td></td>
<td>✓</td>
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<tr>
<td>Managing stage 3 CKD: Disease progression &amp; complications</td>
<td>✓</td>
<td>✓</td>
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<td>✓</td>
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<tr>
<td>CKD issues for General Practitioners: 4 common cases</td>
<td>✓</td>
<td>✓</td>
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<td>✓</td>
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<tr>
<td>CKD in Indigenous Australians</td>
<td>✓</td>
<td>✓</td>
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<tr>
<td>Understanding CKD: Aboriginal &amp; Torres Strait Islander Health Services</td>
<td>✓</td>
<td>✓</td>
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<td>✓</td>
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<tr>
<td>Understanding CKD: for Allied Health Professionals</td>
<td>✓</td>
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## CKD and chronic conditions

| Connecting CKD: managing resistant hypertension                         |     | ✓      |                           |                   | ✓      |
| Connecting CKD: the link with cardiovascular disease                    | ✓   | ✓      |                           | ✓                 | ✓      |
| Connecting CKD: the link with Diabetes                                  | ✓   | ✓      |                           | ✓                 | ✓      |

## CKD extended learning

| Acute Kidney Injury & CKD                                               | ✓   | ✓      |                           |                   | ✓      |
| Impacts of CKD in older people                                          | ✓   | ✓      |                           | ✓                 | ✓      |
| eGFR and drug dosing in CKD                                             | ✓   | ✓      |                           |                   | ✓      |
| Managing stage 4 & 5 CKD: working with the nephrologist                 | ✓   | ✓      |                           |                   | ✓      |
| Decision support and symptom control in ESKD                           | ✓   | ✓      |                           |                   | ✓      |
| Polycystic Kidney Disease                                               | ✓   | ✓      |                           |                   | ✓      |

*Indicates learning outcomes are pitched at a GP level but would generally be suitable for any health professional who is involved in CKD management.

All modules are designed for 2-hour duration and are accredited with the RACGP QI&CPD program for the 2017-2019 triennium for 4 Category 2 points. Kidney Health Australia is an accredited Activity Provider under the RACGP QI&CPD Program. Each module has also been approved with ACRRM for 2 Core PDP points. Modules can be adapted to fit alternate durations.

To create an Active Learning Module, simply select one module from each area: Core CKD Topics, CKD and chronic conditions and CKD extended learning

Fees and charges apply to any education requiring RACGP accreditation for GP attendees.
Primary Care Resources

To further enhance the education process, we highly recommend our resources (some listed below).

**Chronic Kidney Disease Management in General Practice handbook**
- Guidance and clinical tips for health professionals to help identify, manage and refer patients with CKD
- Approx. 9000 Hardcopies distributed
- Downloaded approx. 40 times per day
- DL flyer available for promotional purposes
- $5.00 ea.
- DL $0.20ea.

**CKD-GO! App**
- Free app for iOS and android
- Adapted from CKD Management in General Practice handbook
- Rated a ‘must have’ app by Medical Observer
- Approx. 1500 downloads per year
- DL flyer available for promotional purposes
- DL $0.20ea.

**CKD Posters**
- Awareness and Management posters for Primary Care health services
- $0.50 ea.

**Indigenous Resources**
- Designed for Aboriginal and Torres Strait Islander Health workers to use with their clients
- Available in hardcopy and for free download
- $10.00 flipchart & $0.50 factsheet ea.

**My Kidneys, My Health**
- Free Handbook and App for people newly diagnosed with early stage kidney disease
- DL flyer available for promotional purposes
- DL $0.20ea.

**Factsheets**
- CKD topical factsheets for patients and their families available for hardcopy order or download from our website
- $0.50 ea.
Further information

For more information on Kidney Health Australia’s Education Program, or to book a workshop, please contact our Primary Care Education team:

Contact our team

PrimaryCare@kidney.org.au
P | 08 8334 7512

www.kidney.org.au/health-professionals

KHA Clinical Directorate
136 Frome Street, Adelaide SA 5000
GPO Box 9993, Adelaide SA 5001

Online learning

To access our free online learning modules, please visit

KHA’s Primary Care Education Program is proudly associated with the following organisations

Thanks to our supporters

Kidney Health Australia Primary Care Education 2018
Appendix: What fees are involved?

KHA is pleased to provide the following workshop services at no charge:

- An expert presenter
- Our expert knowledge on Chronic Kidney Disease (CKD)
- Electronic documents required to host education (e.g. PowerPoint presentation, case study handout, evaluation forms, invitation template, certificate template, session plan)
- A Kidney Health Australia coordinator to liaise with your team
- Optional RACGP accreditation (charges apply)

Workshop services attracting a fee are optional and are as follows:

1. Accreditation Fees

KHA is an Accredited Activity Provider with the RACGP for the 2017-19 triennium. The RACGP has implemented a charge for uploading GP attendance to all activity providers, our accreditation service now incurs a fee.

The accreditation fee covers:

- Accreditation of the activity (Needs assessment, predisposing activities, pre-reading, supporting documents, reinforcing activities and session booking)
- Provision of all supporting documents to the host organisation
- Provision of our CKD Management in General Practice handbooks for each participant
- Collation of evaluation forms into a report (which is sent to the host organisation and to the presenter)
- Collection of the reinforcing activities for category 1 activities
- Upload fee of attendance records to RACGP
- Completion of the activity report
- Prices are GST inclusive

### Accreditation

- Accreditation process (needs assessment, learning outcomes, supporting documents, session booking)
- Provision of all activity documents to the host organisation
- Collation of evaluation forms into a report
- Completion of the activity report onto RACGP
- Up to 20 GP attendance uploads $60.00 (billed on confirmation of booking)

### Additional Charges

**PRIOR to workshop date**

- $2.00 per additional RACGP member registered (billed 10 days prior to workshop)

**AFTER workshop**

- $4.00 per additional RACGP member attendee (billed once attendance received)

**LATE FEE**

- $2.00 per RACGP member attendee (if attendance not received within 14 days of workshop being held)

### Cancellations

**HOST**

- >7 business days prior to the workshop **Fully refundable**
- Within 2-7 business days of the workshop **Refunded less 20% OR date rescheduled within 3 months at no charge**
- Within 2 business days of the workshop **Non-refundable**

**KHA**

- Any time **Fully refundable**
Accreditation Timeline

<table>
<thead>
<tr>
<th>Task</th>
<th>Invoicing</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Workshop booked</strong></td>
<td>Host invoiced for accreditation $60 inc GST per module**</td>
</tr>
<tr>
<td>Workshop date and KHA accreditation confirmed</td>
<td></td>
</tr>
<tr>
<td><strong>10 days prior to workshop</strong></td>
<td>Host invoiced for any additional attendees above original invoice $2 per attendee</td>
</tr>
<tr>
<td>Confirmation of attendance numbers with host</td>
<td></td>
</tr>
<tr>
<td><strong>Workshop date</strong></td>
<td>Total invoice amount due</td>
</tr>
<tr>
<td>Workshop is held</td>
<td></td>
</tr>
<tr>
<td><strong>14 days post workshop</strong></td>
<td><strong>Attendance records received:</strong> Accreditation processed. Host invoiced $4 per extra attendee</td>
</tr>
<tr>
<td>Completed and legible attendance records are due back to KHA (Must have Surname &amp; QA no.s for each GP requesting CPD pts)</td>
<td></td>
</tr>
<tr>
<td><strong>30 days post workshop</strong></td>
<td>Attendance documentation/ payments received outside 30 days of workshop occurring may result in non-refundable cancellation of event accreditation</td>
</tr>
<tr>
<td>Attendance must be uploaded to RACGP website to avoid late fee</td>
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</tbody>
</table>

**An active learning module uses 3 modules to create 6 hours of face to face learning time. An active learning module (40 Category 1 points) will incur accreditation fees for 3 modules.**

2. **Workshop Resources**

We highly recommend the purchase of KHA resources to complement the education being provided. We have packaged our most popular resources into ‘resource packs’ outlined below. You can also order individual resources by requesting a copy of our resource order form.

**Host Promotional Pack**

The Basics: resources for hosts to display at your event

- 1 x CKD Management in General Practice handbook
- 1 x A3 CKD Staging poster
- 1 x A3 CKD Screening poster
- Flyers on useful KHA resources for each participant (CKD handbook, CKD-Go! App, My Kidneys My Health)
- Postage included

$20.00

**Participant Tool Kit**

The Essentials: useful tools for workshop participation and managing CKD

- 1 x CKD Management in General Practice handbook
- 1 x A3 CKD Poster
- 1 x CKD patient resource relevant to topic being presented
- 1 x CKD-Go! App flyer
- 1 x My Kidneys, My Health flyer
- Postage included

$7.00 per participant

**Participant Workshop Pack**

The Ultimate: all the tools from the participant pack PLUS hard copies of required workshop materials

- 1 x CKD Management in General Practice handbook
- 1 x A3 CKD Poster
- 1 x CKD patient resource relevant to topic being presented
- 1 x CKD-Go! App flyer
- 1 x My Kidneys, My Health flyer
- 1 x Printed Evaluation forms
- 1 x Printed Case Study handout
- 1 x Printed Certificate of Attendance
- Postage included

$10.00 per participant