IMPORTANT MESSAGES:
1. Learn about your options and pathways
2. Talk with your family
3. Talk with your health workers
4. Make an Advanced Care Directive

TOPICS:
- Options and pathways
- Dialysis
- Haemodialysis
- Peritoneal Dialysis
- Kidney Transplant
- Palliative Care
- Advanced Care Directive
Many options and pathways
Talk with family
Talk with health workers
Live well and make good choices

- be active
- eat well
- visit health clinic
- don't smoke
- don't drink much alcohol
- drink water
- have medications
- keep clean
Dialysis

- Haemodialysis

- Peritoneal dialysis - APD

- Peritoneal dialysis - CAPD
Dialysis

- a treatment for sick kidneys
- cleans your blood
- helps you to live longer
- does not fix your kidneys
Haemodialysis cleans your blood through a filter on a machine.
Haemodialysis

You may need to live in town
Haemodialysis

Home haemodialysis

Learn to do dialysis so you can live in your community
Peritoneal dialysis cleans your blood through fluid in your peritoneal cavity.
You need to live in town while you learn
After you learn you can do dialysis from home
Kidney transplant

If you’ve been doing dialysis for some time you may be able to get a kidney transplant.
Kidney transplant

Many medical tests for kidney transplant waiting list
No dialysis - palliative care
Finishing up

- At a hospice
- At a hospital
- At home
Advanced care directive
Talk with family and health workers
WORDS TO UNDERSTAND:
- treatment
- options
- pathways
- dialysis
- haemodialysis
- peritoneal dialysis
- kidney transplant
- palliative care
- advanced care directive
TREATMENT OPTIONS & PATHWAYS

RESOURCE TOPICS:

THE WORK OF YOUR KIDNEYS
WHEN YOUR KIDNEYS GET SICK
LIVING WITH KIDNEY DISEASE
DIET AND KIDNEY DISEASE
TREATMENT OPTIONS & PATHWAYS
PERITONEAL DIALYSIS
HAEMODIALYSIS
FISTULA AND CATHETER
PALLIATIVE CARE FOR PEOPLE WITH SICK KIDNEYS
TRANSPLANT BOOKS 1 - 4

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