HAEMODIALYSIS

Painting by Sarah Brown, Tjiluru Tjiluru Wiya, 2007
IMPORTANT MESSAGES:
1. You need to talk about the right treatment for you
2. Haemodialysis treatment is three times a week for ever
3. Most people have to move to a town to do haemodialysis
4. You need a fistula for haemodialysis
5. Your life will change a lot
6. Haemodialysis does not fix kidneys
7. The medical team, social workers and Aboriginal Liaison Officers can help you sort things out before you start haemodialysis

TOPICS:
- Picking the right treatment
- What is haemodialysis
- Access for haemodialysis
- Changing your home; changing your life
- Getting help
- Where patients have haemodialysis
- When patients have haemodialysis
People having haemodialysis
Getting a fistula
Haemodialysis through a fistula
Setting up the haemodialysis machine
Connecting to the haemodialysis machine through a fistula
Haemodialysis machine cleans your blood
Cleaning the haemodialysis machine after dialysis
### Three times every week

<table>
<thead>
<tr>
<th>Morning Time</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
<th>SUNDAY</th>
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</thead>
</table>
Places to do dialysis

- Hospital
- Satellite unit
- Community clinic; Renal Ready Room
Home haemodialysis

- Training in town
- Support at home
- Renal Ready Room on community
Keep infections away, keep yourself clean, keep your place clean
Moving to town for dialysis
Finding accommodation

- Aboriginal Hostels Limited
- With family
- Town Camps
- Territory Housing
Key card; medicare card; drivers licence; ID cards; Centerlink/Health Concession card
School for children / grandchildren
Visiting home; keeping in touch with relatives
There are people to help you: Social Worker, Aboriginal Liaison Officer, Aboriginal Interpreter Service
Talk with your family and health workers

Talk with doctors and nurses
Haemodialysis cleans your blood so you can live longer

Haemodialysis does not fix your kidneys
WORDS TO UNDERSTAND:

- treatment
- haemodialysis
- home haemodialysis
- haemodialysis machine
- fistula
- needles
- social worker
- aboriginal liaison officer
- satellite unit
HAEMODIALYSIS

RESOURCES TOPICS:

- THE WORK OF YOUR KIDNEYS
- WHEN YOUR KIDNEYS GET SICK
- LIVING WITH KIDNEY DISEASE
- DIET AND KIDNEY DISEASE
- TREATMENT OPTIONS & PATHWAYS
- PERITONEAL DIALYSIS
- HAEMODIALYSIS
- FISTULA AND CATHETER
- PALLIATIVE CARE FOR PEOPLE WITH SICK KIDNEYS
- TRANSPLANT BOOKS 1 - 4

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**Border art work**
From NT Palliative Care Model

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