FISTULA & CATHETER
IMPORTANT MESSAGES:
1. You need a special opening (access) to have dialysis
2. A fistula is for haemodialysis
3. A catheter is for peritoneal dialysis
4. A fistula and catheter have to be made a few weeks before they can be used
5. Be careful with your fistula
6. Be careful with your catheter
7. Fistula and catheter are not treatments
8. You do not have to use your fistula or catheter if you change your mind and do not want dialysis

TOPICS:
• Getting a fistula
• How a fistula works
• Looking after fistula
• Getting a catheter
• How a catheter works
• Looking after catheter
Fistula for haemodialysis
Fistula operation at the hospital
Operation day

Not eating or drinking for 6 hours before the operation

Shower

Check-up at hospital
Feel the fistula working
Needling a fistula
Use your *other* arm for:

- Taking blood samples
- Taking blood pressure
- Wearing a watch or jewellery
- Carrying heavy things

Don't use your fistula arm
Catheter for peritoneal dialysis
Catheter; small hole through your stomach and peritoneum to peritoneal cavity
A catheter requires an operation at the hospital.
Getting ready for the operation
Operation day

Not eating or drinking for 6 hours before the operation

Shower

Check-ups at hospital
Operation day
After the operation the catheter is covered until later
Learning to use your catheter for peritoneal dialysis
Taking care of your catheter
Central vein tunneled line for haemodialysis

This is for emergency
Getting a fistula and a catheter at the same time

Not treatments, just access
You can keep enjoying your life;
do the things you like to do
IMPORTANT WORDS:
• access
• dialysis
• fistula
• catheter
• haemodialysis
• peritoneal dialysis
• dialysis machine
• operation
• vein
• artery
• vibrating
• peritoneum
• peritoneal cavity
• central vein tunneled line
• not treatment
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