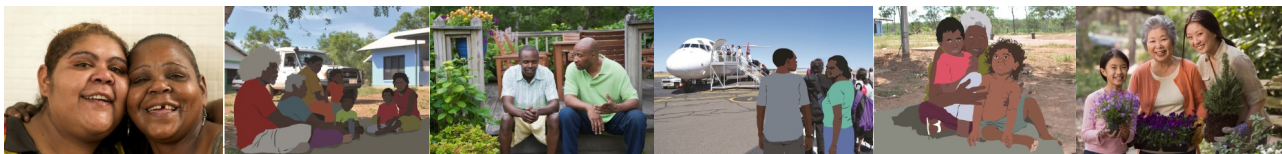


Kidney Transplant



Kidney transplant is **one form of treatment** for kidney disease. You must be **very healthy** to receive a kidney. Follow your doctors advice about dialysis and taking medicine.

Kidneys are donated by either a **donor who has passed away** or a **living family member or friend**.

Medical Tests

Before the transplant you will need many tests, known as **'the work-up'**.



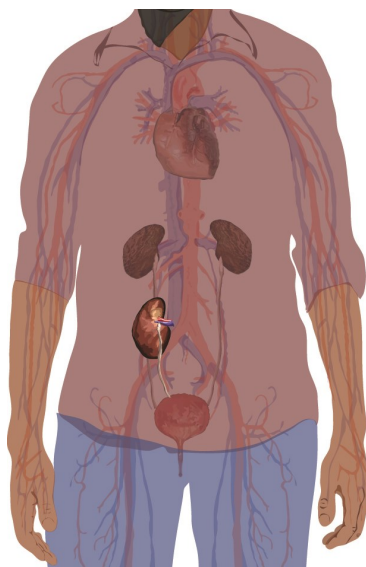
Waiting List

Most kidneys are received from a **donor** who has passed away. There is a long waiting list to receive a kidney.

Transplant Hospitals

Only large hospitals can do transplant operations.

You will need to stay close to the hospital for up to three months if you live out of town.



Surgery

After the transplant surgery you will be in **hospital** for about a week.

The transplant kidney may start working immediately but some take a little longer.

A working kidney transplant will keep you off dialysis

but you must keep to a **healthy lifestyle** with good food, exercise and no smoking.



Medicine

You must take **medicine** for the life of your transplanted kidney.

Doctors

Visits

You will need very **regular check-ups** with your doctor.

