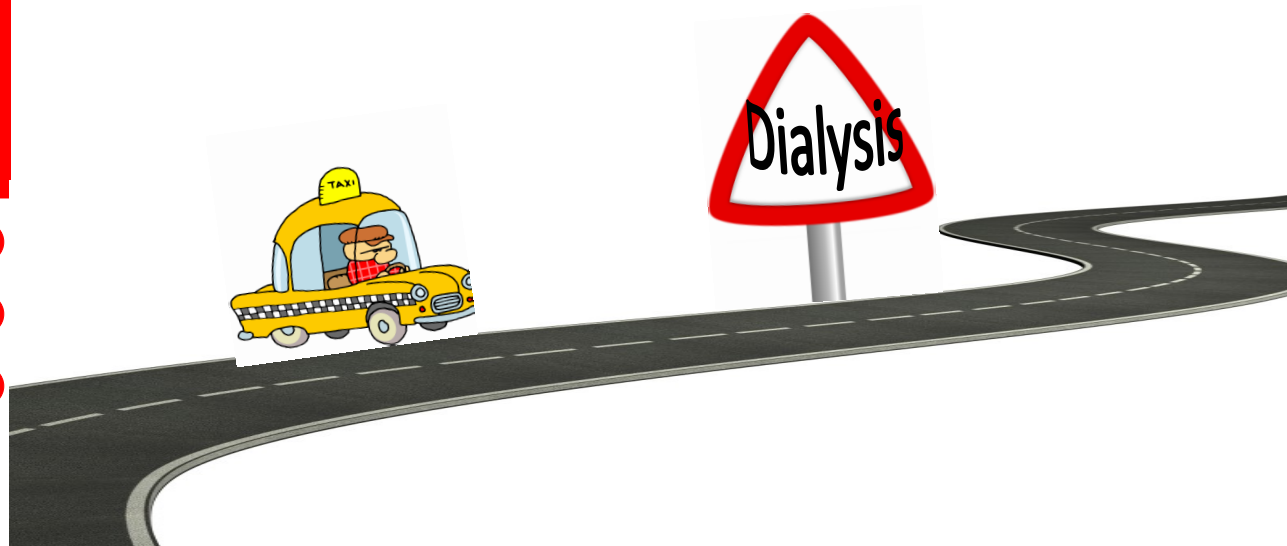


# Transport Options for Dialysis NSW



Independent Travel

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Sydney Dialysis Units

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# Welcome

This package has been developed to provide information about how you can travel to your regular dialysis appointments, or home dialysis training and clinics.

Going to dialysis treatments three times a week requires commitment, and for many people this may mean using different transport throughout the week. Remember if travel is overwhelming Home Dialysis could be a better option for you.

Travel options start with driving yourself to dialysis which for many may require the help of friends or family members. Other options are using taxis, community transport, public transport, and using country travel assistance programmes. For those who cannot travel by routine transport ambulance may be an option.

Every dialysis unit will be able to let you know if they have their own special transport such as their own dialysis bus or cars, but unfortunately this is usually restricted to those who have no other options, or may not be available at all.

The NSW government also have their own website and a detailed booklet titled 'Information for patients and their carers' which can be downloaded.

Please note that the information provided in **this fact sheet is correct as of November 2012**. KHA do not accept any responsibility if information has changed. If further subsidies are determined or alter please notify KHA and all efforts will be made to update the information as appropriate. ®Registered trademark, Kidney Health Australia, ABN 37 008 464 426. 100 York Street, South Melbourne, VIC 3205. All rights reserved. HI/8686233/Aug-2011

## Driving to Dialysis

When driving the main consideration is parking which is needed for up to 6 hours. Many dialysis units offer free parking, however, some may not, so check with your unit for more information regarding where to park and the costs involved.

In the early stages of treatment it is recommended that you do not drive yourself home. As you get used to dialysis you may begin to drive yourself to and from treatment.



## Public Transport

Information about routes and timetables can be found at many train stations. You can also plan your journey starting from your address on the NSW transport info Website.  
[www.131500.com.au/](http://www.131500.com.au/)



This website also has bus, train & ferry timetables as well as fare information.  
Information line Ph: 131 500

The State Transit Authority also runs Sydney Buses; and Newcastle Buses and Ferries. For more information about their services or to plan your trip visit [www.statetransit.info/](http://www.statetransit.info/) and follow the links

## Taxi

Many patients use taxis to get to and from dialysis. To assist in taxi expenses many patients are eligible for the taxi voucher rebate scheme.

- Vouchers are available providing a 50% discount off fares
- Maximum value is \$30 per trip
- Criteria for eligibility include disability, visual impairments and a permanent residency in NSW.

To apply you must complete a Taxi Transport Subsidy Scheme Application form, part of which must be completed by your doctor. Completed forms must be mailed to the Taxi Transport Subsidy Scheme.

Application forms are available on the department of transport website  
[www.transport.nsw.gov.au/ttss/](http://www.transport.nsw.gov.au/ttss/)

To request a form to be mailed to you by post, phone 1800 623 724

For more information see the website or call 131 500

Some people are eligible for taxi vouchers from your unit. Check at your unit if this is you.

## Ambulance (non-urgent)

Ambulances are usually restricted to those who are severely restricted with mobility, have dementia or reside in nursing homes. If you are applying on their behalf you need to consult with the doctor to determine if they are eligible and to get written medical approval. To use free ambulance cover for non-urgent use you must be over 65 and on an aged care pension.

The limit on private health insurance ambulance use is \$3000 per year. Ambulance fund membership averages up to \$100 per annum. Check carefully re eligibility to avoid unexpected bills.

## Veterans Affairs

The Department of Veterans Affairs (DVA) provides benefits and services to veterans and their dependents for requirements related to injury or illness. Eligibility for benefits is dependent on the location and time of service. Gold card holders are transport eligible.



- For more information visit [www.dva.gov.au/Pages/home.aspx](http://www.dva.gov.au/Pages/home.aspx)
- Or phone: Local callers: 133 254  
Regional callers: 1800 555 254

## Isolated Patients' Travel and Accommodation Assistance Scheme (IPTAAS)

IPTAAS can provide assistance towards financial and accommodation expenses to those who are eligible. Permanent residents of NSW who need to travel more than 100km each way to dialysis treatment are eligible. This service is only available to those who don't receive assistance from other government schemes e.g. Veterans Affairs.

Application forms can be downloaded from [www.health.nsw.gov.au/living/transport/iptaas.html](http://www.health.nsw.gov.au/living/transport/iptaas.html) or collected from your closest Health Transport Unit. See next page for Health Transport Unit Locations

The forms must be signed by the referring practitioner as well as your kidney specialist and returned to your nearest health unit.

More information can also be found on the KHA home dialysis website: [www.kha.org.au/patient-services-support-travel-assist](http://www.kha.org.au/patient-services-support-travel-assist)

## Community Agency Transport

### Am I Eligible?

The first place to start if you require community transport is a Health Transport Unit. At these centres, assessment occurs to determine if you are Home and Community Care (HACC) eligible, and therefore transport eligible.

#### Home and Community Care (HACC)

HACC is the Home and Community care program which provides support and funding for services to elderly people, disabled people and their carers, assisting them to remain at home. Eligibility is determined by your health transport unit.

### Health Transport Unit Locations—Sydney

#### Greater Southern Area Health Service

Bourke St Health Service Campus  
Ph: 1800 800 511

#### Greater Western Area Health Service

Dubbo Campus, Myall St  
Ph: 1800 601 324

#### Hunter New England Area Health Service

Tamworth  
Ph: 1800 660 361

#### North Coast Area Health Service

Lismore  
Ph: 6620 2168

#### Northern Sydney/Central Coast Area Health Service

Hornsby Hospital, Hornsby  
Ph: 9477 9701

#### South Eastern Sydney /Illawarra Area Health Service

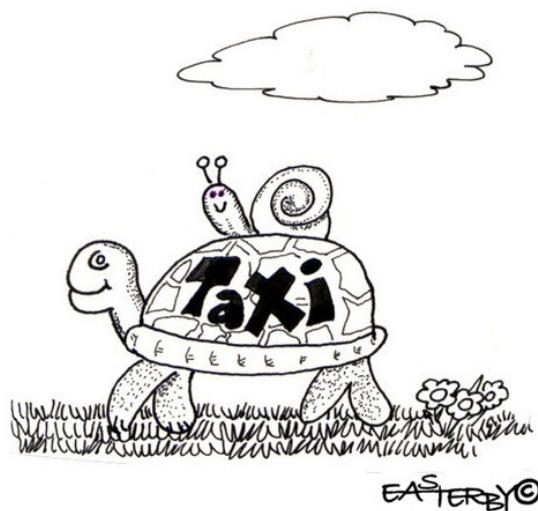
Port Kembla Hospital, Warrawong  
Ph: 4226 8146

#### Sydney South West Area Health Service

Royal Prince Alfred Hospital, Camperdown  
Ph: 9515 3000

#### Sydney West Area Health Service

Blacktown Hospital, Blacktown  
Ph: 9881 7507



Once your needs have been determined, you will be advised of the best transport option or community agency for you. The NSW government have a detailed booklet title 'Information for patients and their carers' which can be downloaded.

Visit: [www.health.nsw.gov.au/pubs/2009/transport\\_guide.html](http://www.health.nsw.gov.au/pubs/2009/transport_guide.html)

## Other Community Agencies

NSW has two detailed websites with information about all community services, one of which has an interactive map. Visit these websites to see if there are any transport options available for you in your local area.

<http://www.cto.org.au/page.php?27>

<http://www.transport.nsw.gov.au/content/community-transport-contact-list>

## LinC

Love in the Name of Christ is a National Church Services Network which supports local communities. One of the services provided is transport to and from treatment. To receive this service you must be HACC eligible. Contact your local LinC for more information or visit [www.lincnational.org.au](http://www.lincnational.org.au)

**LinC Alstonville** Phone: 6628 6960

**LinC Hornsby** Phone: 9476 3134

**LinC Lismore** Phone: 6622 3222

**LinC Pittwater** Phone: 9973 1777

**LinC Manning Valley** Phone: 6557 7007

**LinC Warringah** Phone: 9451 0872

<http://www.cto.org.au/page.php?27>

## Your Dialysis Unit

If you do not find a transport solution ask the nurses at your dialysis clinic if there are any other options provided by your clinic. Sometimes this is just occasional for when the routine transport arrangements are not available.

## NSW Government Website

The NSW government also have their own website and a detailed booklet titled 'Information for patients and their carers' which can be downloaded.

Visit: [www.health.nsw.gov.au/pubs/2009/transport\\_guide.html](http://www.health.nsw.gov.au/pubs/2009/transport_guide.html)

## Sydney Dialysis Units

Dialysis Unit	Phone	Address
<b>Northern Sydney</b>		
Clinic 11	9362 3479	1 Reserve Road, St Leonards
Lindfield Dialysis Clinic	9415 8800	280-286 Pacific Hwy, Lindfield
Mater Dialysis Clinic	9466 8430	Grnd Flr/272 Pacific Hwy
Mona Vale Satellite Dialysis	9998 0866	Coronation St, Mona Vale
SAH Renal Dialysis	9487 9161	185 Fox Valley Rd, Wahroonga
Sydney Satellite Dialysis Unit	9462 9420	L4-2C Herbert St, St Leonards
<b>Western Sydney</b>		
Acute Renal Unit	9845 6711	Hawkesbury Rd, Westmead
Auburn Community Dialysis Centre	8759 3797	L4/Hargrave & Norval Rd, Auburn
Norwest Private Dialysis Centre	9046 6100	Suite G2/11 Norbrik Dr, Bella Vista
Penrith Community Dialysis Unit	4734 3808	Glebe Pl, Penrith
Regional Dialysis Centre	9881 8330	Marcel Cres, Blacktown
Childrens Hospital Renal Treatment Centre	9845 1218	Hawkesbury Rd/Hainsworth St
<b>Sydney</b>		
Concord Dialysis Unit	9767 6119	Level 4 North-Hospital Rd, Concord
RPA Haemodialysis	9515 3500	Bld 12 Cnr Grose St & Missenden Rd, Camperdown
RPA Haemodialysis Unit	9515 7638	6E1-RPA/Missenden Rd, Camperdown
St Vincents Renal Ambulatory Care	8382 2362	384 Victoris St, Darlinghurst
<b>South Eastern Sydney</b>		
Bondi Dialysis Unit	9386 9122	19-23 Hollywood Ave, Bondi Junction
Eora Dialysis Centre	9369 0309	Birrell St, Waverly
Prince of Wales Haemodialysis Unit	9382 4438	Parkes 3 West High St, Randwick
St George Dialysis Unit	9113 1151	4 West Dialysis, Belgrave St, Kogarah
Sutherland Satellite Dialysis Unit	9540 8663	Kareena Rd & the Kingsway, Caringbah
<b>South Western Sydney</b>		
Ambulatory Dialysis Unit	9722 8624	Elridge Rd, Bankstown
Campbelltown Dialysis Unit	4634 3751	Therry Road, Campbelltown
CAPD & Home HD Training Unit	9828 4566	Suite 10/45-47 Goulburn St, Liverpool
Community Haemodialysis Dialysis Unit	9828 4728	45-47 Goulburn St, Liverpool
In Centre Haemodialysis Unit	9828 4728	CSB L1/Liverpool Hospital

## Country Units

These are available at many country hospitals . Contact your country hospital to see if a haemodialysis clinic service is available in your area.