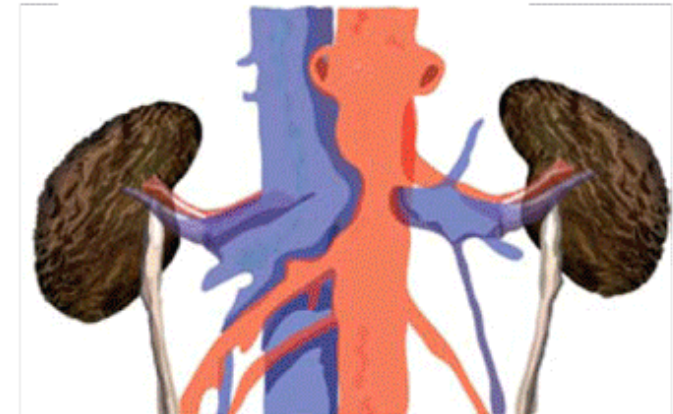
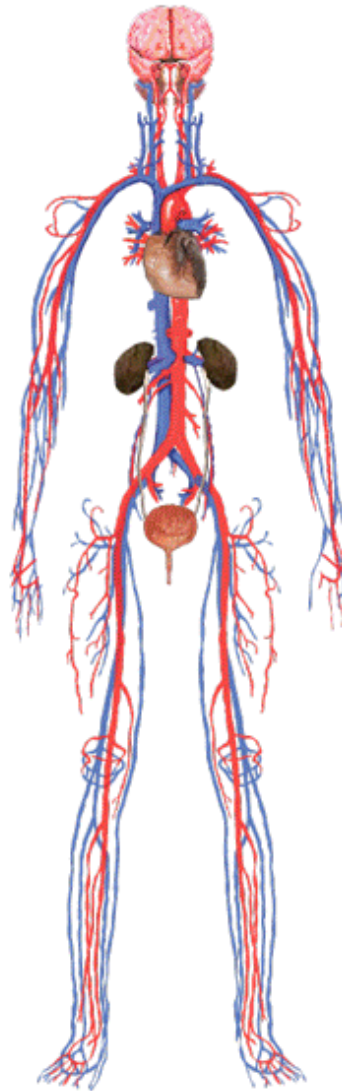
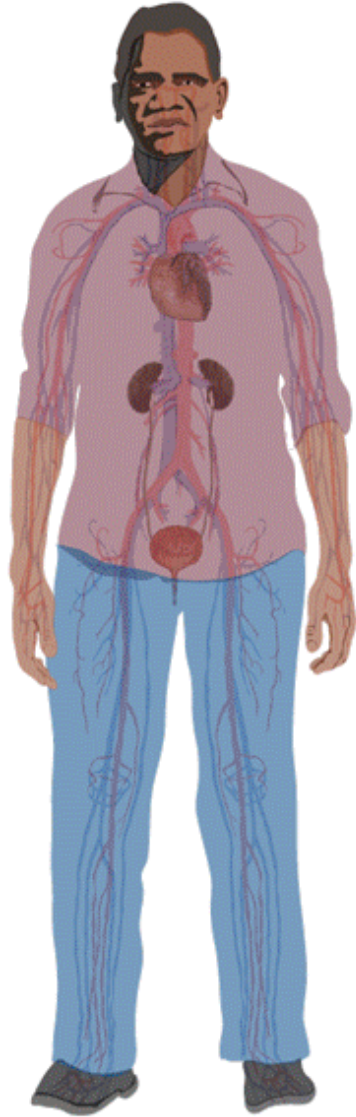


WHEN YOUR KIDNEYS GET SICK



IMPORTANT MESSAGES:

1. Lots of things can make your kidneys sick
2. You can have sick kidneys but not feel sick
3. Sick kidneys can't be fixed
4. You can slow down kidney disease with the help of the health team

TOPICS:

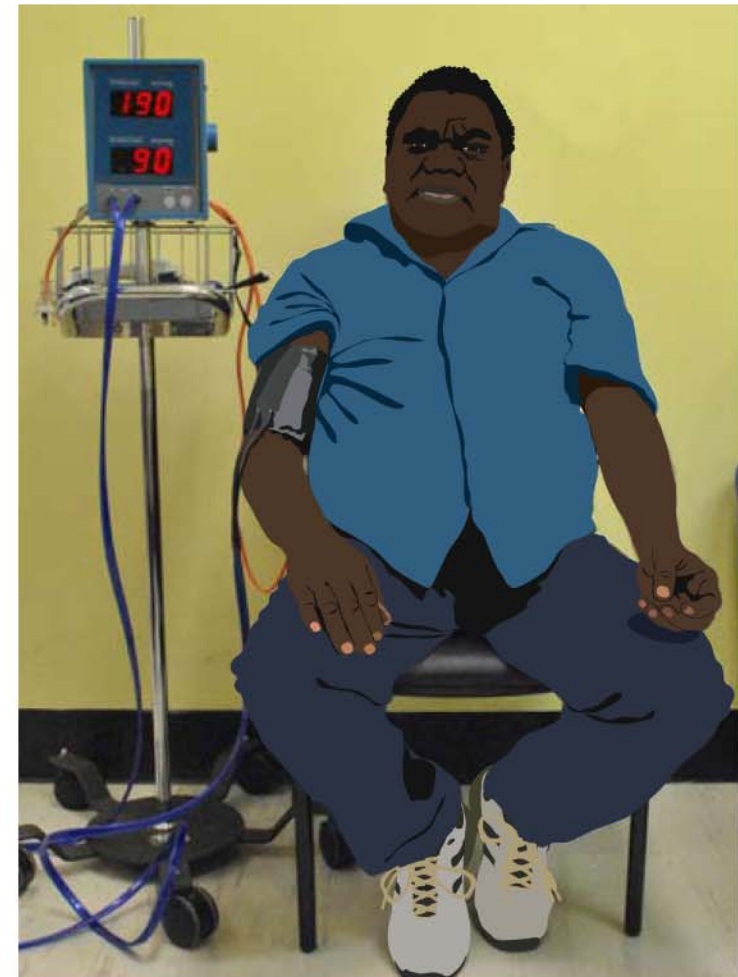
- Why your kidneys get sick
- What to do when your kidneys get sick
- What happens when your kidneys are sick
- Blood and urine tests
- Slowing down the kidney sickness
- Talking about kidney disease with your family



Diabetes can cause kidney disease



Being overweight can cause kidney disease



High blood pressure can cause kidney disease

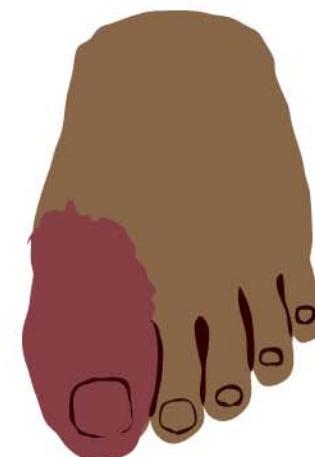
Infections can cause kidney disease



- Boils



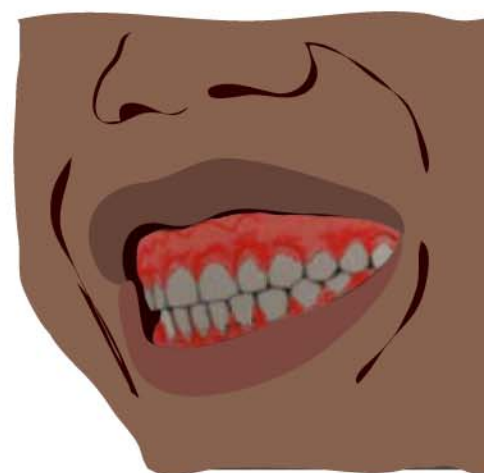
- Scabies



- Infected feet



- Coughs and colds



- Infected teeth

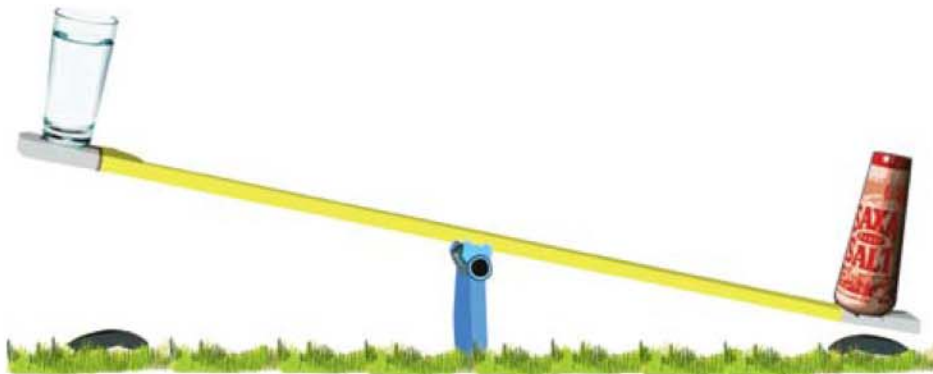


Family history

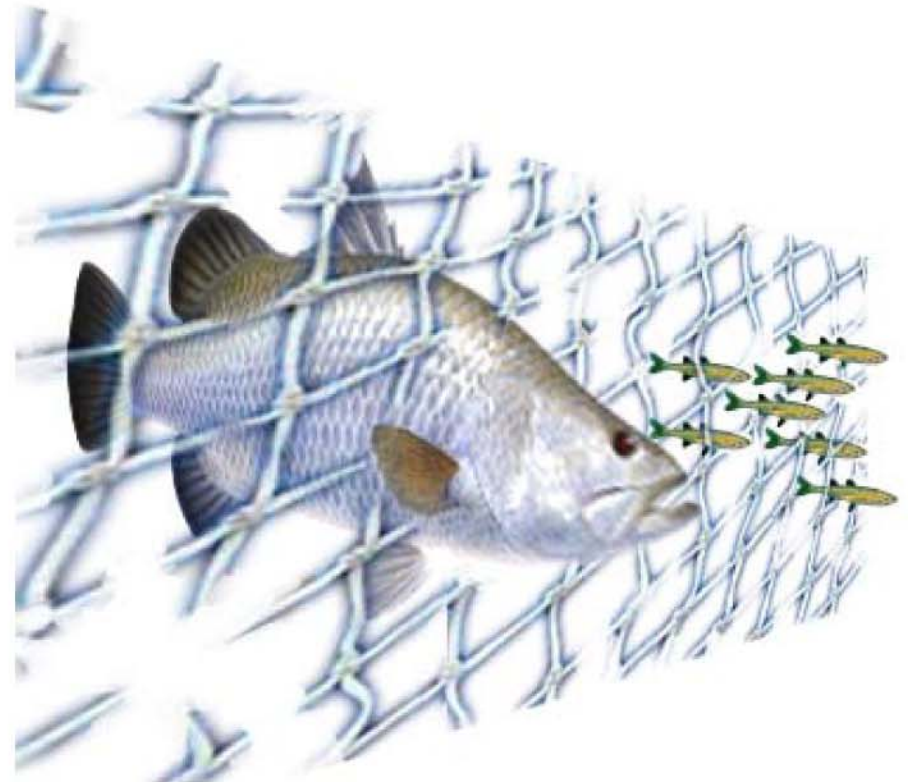


Mothers smoking, not eating well, drinking grog

Sick kidneys can't keep the water and salt levels in the blood right



Sick kidneys can't do their filter job properly





Sick kidneys can't control blood pressure properly



Sick kidneys can't keep blood healthy



Sick kidneys can't keep bones strong



Health clinics and doctors can test for kidney disease

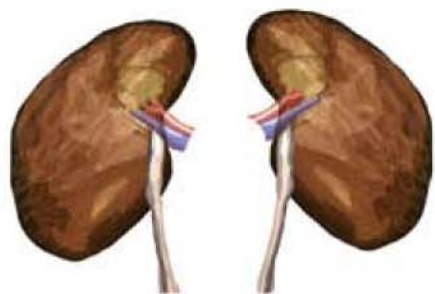




Blood tests and urine tests
show kidney disease



Sick kidneys get worse



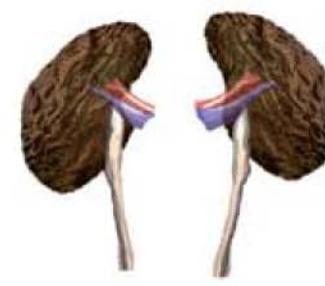
Stage 1



Stage 2



Stage 3



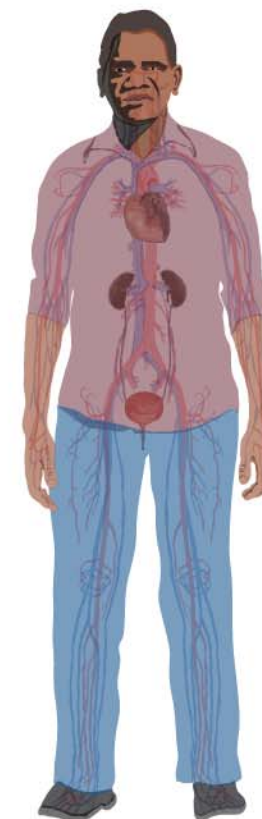
Stage 4



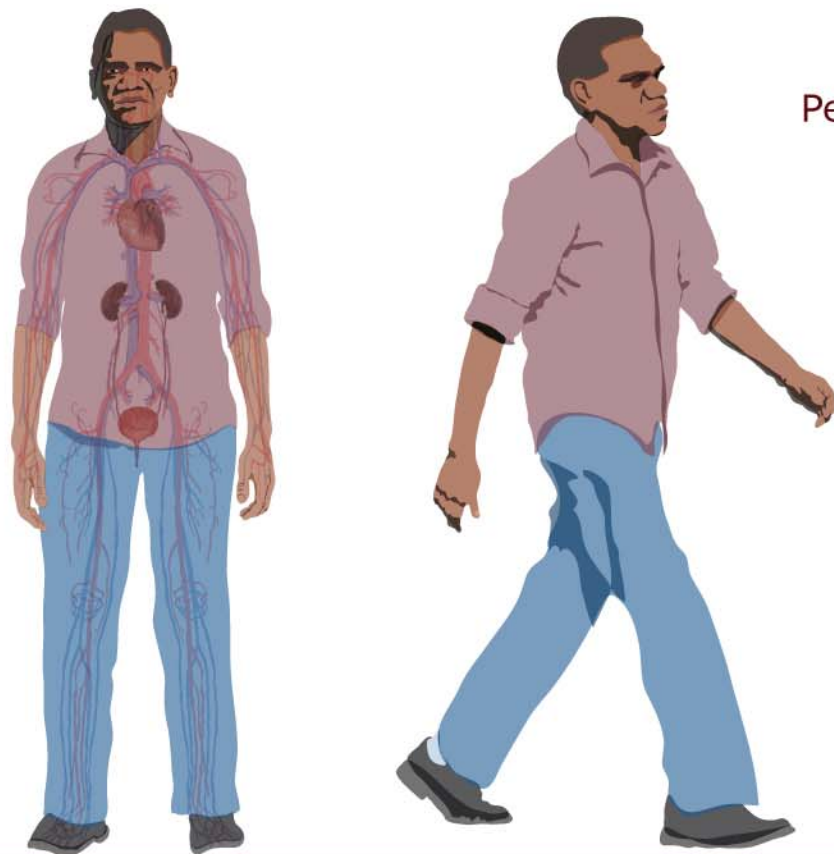
Stage 5



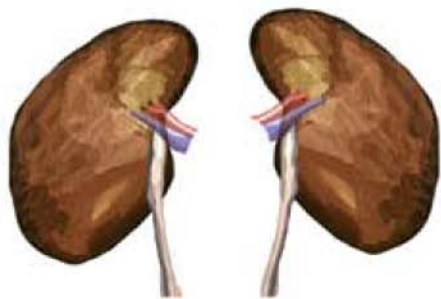
Blood and urine tests show
kidney disease getting worse



You might have stages 1 - 4 kidney disease and not feel any sickness



People with kidney disease will get sick



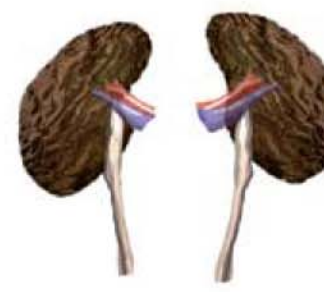
Stage 1



Stage 2



Stage 3



Stage 4



Stage 5

Really sick kidneys make you feel no good

- Short Wind



- Itchy



- Not feel like eating



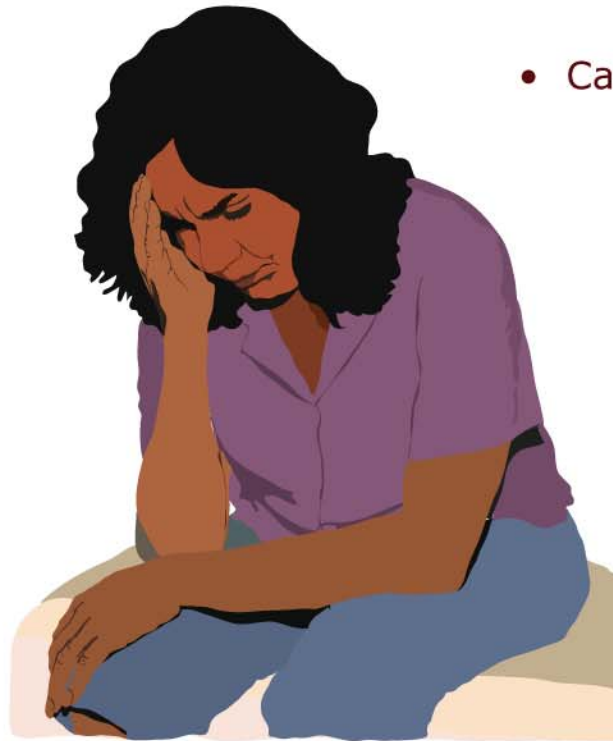
- Headache



- Tired & sleepy



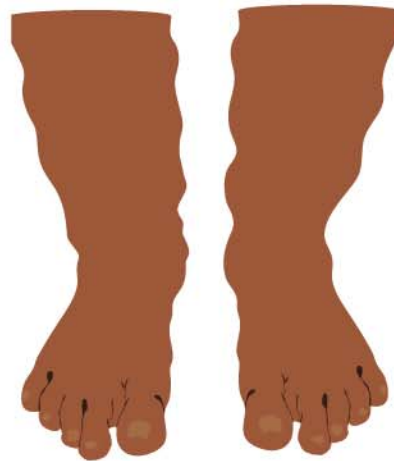
- Can't think clearly



- Can't see clearly



- Swelling ankles, fingers, eyes or stomach





Visit health clinics to test for kidney disease



Care for your body, care about your kidneys



Visit health clinics:



- Dental clinic



- Foot clinic



- Woman's clinic



- Men's clinic



Talk things over with your family

Stay well and live longer



Sick kidneys is also known as:

- Kidney Disease
- Chronic Kidney Disease
- CKD
- Renal Failure
- Renal Disease
- End Stage Kidney Disease

WORDS TO UNDERSTAND:

- blood pressure
- diabetes
- over weight
- infections
- family history
- waste
- creatinine
- urea
- stages
- swelling
- woman's clinic
- men's clinic
- dental clinic
- foot clinic

WHEN YOUR KIDNEYS GET SICK

RESOURCE TOPICS:



THE WORK OF YOUR KIDNEYS



WHEN YOUR KIDNEYS GET SICK



LIVING WITH KIDNEY DISEASE



DIET AND KIDNEY DISEASE



TREATMENT OPTIONS & PATHWAYS



PERITONEAL DIALYSIS



HAEMODIALYSIS



FISTULA AND CATHETER



PALLIATIVE CARE FOR PEOPLE WITH SICK KIDNEYS



TRANSPLANT BOOKS 1 - 4

NT Renal Services would like to thank all the renal patients and others who donated their time in posing for the photos that were used to make the illustrations in these resources.

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