

An extraordinary act of kindness



By remembering Kidney Health Australia
in your Will, you could help save the
lives of generations to come

Help provide revolutionary new treatments for kidney disease

For more than 50 years, Kidney Health Australia has enabled people with chronic kidney disease to lead full and active lives as treatments have advanced and transplant techniques have progressed.

With the help of kind people like you, we:

- Fund research that could revolutionise future treatment.
- Provide trustworthy information, advice and practical support for people with kidney disease, their carers and families.
- Run vital services for children and adults with kidney disease.

Right now, transplant surgery and dialysis are the only forms of treatment available when someone's kidneys fail. Sadly, only one person in four ever receives a transplant and dialysis, although lifesaving, can limit someone's ability to work, travel and lead a full life.

It's clear that we need alternatives, and our great hope for the future is for these methods to be no longer needed. Our researchers are working on ways to prevent or even, one day, cure kidney disease.

With a gift in your Will, you could help ensure this vital work continues and we're here to support generations to come.



Today, all of Iris's family are following her lead and remembering Kidney Health Australia in their Will.

"I just hope my legacy to Kidney Health Australia makes someone's life better."

When Graham's mum, Iris, passed away in 2016, she left a gift in her Will to Kidney Health Australia. She inspired Graham, his wife Ruth and dad Greg to do the same.

"My mum was a lovely woman," says Graham, "She never had a bad word to say about anybody."

As a child, Graham remembers his mum having dialysis. Then when he was 10, Iris received a kidney transplant, which transformed her life. She took every care and her donated kidney was still functioning three decades later.

Graham understands why Iris left a gift to Kidney Health Australia in her Will.

"She truly wanted to say in some small way thank you for the life the kidney and the research had given her."

Graham has his own reason. He knows that, without research, he'd have lost his mum.

"I would have not known my mother if it hadn't been for research," says Graham. "Mum could have passed away when I was 10 or 11. I'm so thankful—I just hope my legacy to Kidney Health Australia makes someone's life better."



We can all have a huge impact on the lives of others

The Circle of Kidney Kindness is inspired by the life of Dr Tim Mathew, who passed away in 2018 having dedicated his life to people with kidney disease.

His five-decade long career included 12 years as the Medical Director of Kidney Health Australia. His many achievements include:

- Being Director of the Renal Unit at The Queen Elizabeth Hospital, Adelaide for 25 years.
- Developing the early organ donation protocols and systems for South Australia in the 1980s, which were then adopted nationwide.
- Acting as a mentor to the nephrology community for over five decades.

A kind and gentle man, Dr Mathew led by example, inviting his colleagues to join him and 'make good things happen today'.

"Tim would sit and listen to his patients and they loved him for it. He was passionate about kidney disease, because he felt it was often overlooked. He'd say, 'Kidney disease is important'. He wanted it to be diagnosed as early as possible." Tricia Mathew, Tim's wife.

An act of extraordinary kindness will leave a legacy like Tim Mathew's for the kidney community.



Join the Circle of Kidney Kindness

To recognise our supporters incredible generosity, we welcome everyone who remembers Kidney Health Australia in their Will into the Circle of Kidney Kindness.

An extraordinary kindness that will change the lives of generations to come – that's what connects everyone who leaves a gift in their Will to Kidney Health Australia. And we want to celebrate it.

We want to ensure every member of the Circle of Kidney Kindness has the best possible experience of supporting our work. As well as special welcome materials, we'll provide exclusive information, sharing developments in our work with you first. We'll also invite you to events that bring you closer to key areas of our work.

You will always know how much we appreciate your incredible support.

With a gift in your Will, you can help make the next breakthrough possible

When you listen to Professor Melissa Little, you can't help but feel excited because you start to understand how different the future could be.

Professor Little's team are world leaders in kidney research and they're on the brink of breakthroughs that could transform how kidney disease is detected and treated.

Ten years ago, they began looking at the role of genes in kidney disease. Four years ago, they revealed they had the capability of 'growing' a model of the kidney using stem cells.

The potential is huge and exciting.

"The long-term hope is that we'll be able to grow tissue that can be used to treat or regenerate diseased kidneys," says Professor Little.

The research team is also using stem cells to build models of kidney disease. The aim is to identify the genes responsible for various kidney conditions.

"We use gene editing to correct the genes we think are involved."

Imagine this technology applied to patients. They could have their risk of developing a serious kidney condition edited out. The potential is huge and exciting.

With a gift in your Will, you could be part of the next leap forward that transforms the lives of people with kidney disease.

"Science is funny. You can suddenly make a leap forward. One single discovery can move the whole field ahead." Professor Melissa Little.



Early in her career, Melissa Little received a grant from Kidney Health Australia, which a gift in Will helped to fund. Now Professor Little, she's leading a pioneering research team.

You can help people with kidney disease make the most of their lives

With your support, we can continue to provide essential services that enable people with kidney disease to do things many of us take for granted.

"I've recently had a transplant, but before that, I was on dialysis," says Merryl. "I've remembered Kidney Health Australia in my Will, because I know the difference services like the Big Red Kidney Buses make."

By leaving a gift to the Big Red Kidney Bus, you can help ensure we can continue running vital services for people like Merryl.

Merryl is proud to help support services for people with kidney disease.



Our vital programs and services for the kidney community

A chance to visit friends and family

With experienced dialysis nurses and renal technicians on board, our Big Red Kidney Buses stop at popular holiday destination across Victoria and New South Wales. People with kidney disease can travel and visit their family—safe in the knowledge dialysis is available.

A place to stay when it's most needed

At our Kidney Transplant Houses, patients can recover after a kidney transplant operation, knowing we'll take as many cares away as possible. They can stay free of charge at a Kidney Transplant House, close to the hospital, for as long as they need to.

Helping kids to connect

Kidney disease can have a huge impact on the lives of children. Our Kidney Kids and Youth program provides vital support for children who often feel isolated and alone, as well as fearful for the future. We bring them together to have fun, share their experiences, and support each other.

A gift that works for you, your family and future generations

When you make or change your Will, your family comes first, but there are a number of ways you can leave a gift to Kidney Health Australia too.

Most people favour a Residual Gift. This is what's left in your estate after amounts of money or specific items like property or jewellery are distributed to family or close friends. A residual gift of only a small percentage could make a huge contribution to future research.

A Specific Gift is a sum of money, a property, shares or any other items of value you nominate. Be aware that inflation will affect the value of any sum of money you decide to leave.

An alternative is to leave a Percentage Gift of your entire estate, without identifying specific items of value.

A Trust can be established with Kidney Health Australia as a named beneficiary to receive ongoing support.

Lauren, Brendan, Cooper and Harry appreciated all the support from Kidney Health Australia when Harry needed a kidney transplant from his father.



Mark enjoying a holiday thanks to the Big Red Kidney Bus.

We understand that this is a private and confidential decision, but we would love to be able to thank you for your generous gift. Please let us know that you have chosen to leave a gift in your Will to Kidney Health Australia.

Wording for your Will

I give to The Australian Kidney Foundation (Trading as Kidney Health Australia) ABN 37 008 464 426 (here state the money or assets to be gifted or the residual estate) for its charitable purposes but if this gift cannot take effect, to the charitable organisation in Australia which my Executors consider most nearly fulfils the objects I intend to benefit.

The receipt of the Chief Executive Officer or the President for the time being of the beneficiary named in or selected by my Executors under the preceding sub-clause shall be an absolute discharge to my executors.

Thank you for your support

With a gift in your Will to Kidney Health Australia, you'll enable research into kidney disease to advance. Thanks to you, new treatments will be developed to help save the lives of generations to come.



For more information

If you have any questions about remembering Kidney Health Australia in your Will or for a confidential discussion, please get in touch.

Gifts in Wills

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The Australian Kidney Foundation
Trading as Kidney Health Australia
ABN 37 008 464 426 | Charity No. CH 0614

 **Kidney Health**
Australia