

MEDIA RELEASE

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MasterChef cooks up a storm for Kidney Health Australia

The focus was on Kidney Health Australia and the South Melbourne Market, on MasterChef last week, as Australians watched 16 MasterChef contestants cooked up a storm for hundreds of market-goers and Kidney Health Australia.

The popular Network Ten show used Kidney Health Australia, which has its headquarters across the road from the markets on Cecil Street, as its home base during filming earlier this year, and was so touched by the kidney cause, that it donated a total of \$13,728 to the national kidney charity.

The MasterChef donation was the total of the sales money made by the contestants, who were split into teams of four and given the challenge of making as many street-style dishes as possible.

Kidney Health Australia CEO, Mikaela Stafrace thanked MasterChef and all the contestants for a great episode and for the donation, which will go to supporting Australians affected by kidney disease.

Ms Stafrace said it was fantastic such a prominent show like MasterChef had chosen to highlight kidney disease, which affected 1.7 million Australians. “There’s still a gap in understanding within the wider community of the critical role kidneys play in our health, such as filtering toxins out of our blood. When our kidneys shut down, our bodies shut down,” she said.

“It was great fun to have the MasterChef crew on board for the day and we look forward to watching the rest of the MasterChef season. The wonderful fresh produce often used in the show encourages all Australians to cook healthy meals, which benefits our kidney health and overall well-being.”

Ms Stafrace encouraged all Australians to visit the Kidney Health Australia website at kidney.org.au to see if they were at increased risk of kidney disease, and to arrange a check-up with their GP if they were.

MasterChef is produced by Endemol Shine Australia for Network Ten—airing 7.30pm AEST, Sunday to Thursday. To view previous episodes, including the latest South Melbourne Market challenge visit <https://tenplay.com.au/channel-ten/masterchef>

Kidney Health Australia, formerly the Australian Kidney Foundation, is a national health care charity with a vision 'to save and improve the lives of Australians affected by kidney disease'.

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