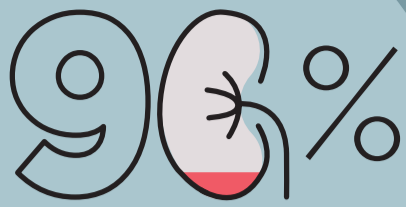


# Kidney Disease

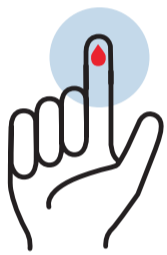
## Are you at risk?



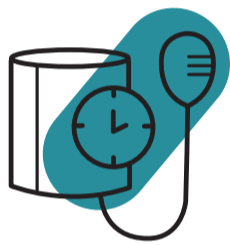
of kidney function can be lost without experiencing any symptoms



### 1. Do any of these apply to you?



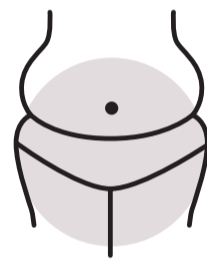
Diabetes



High blood pressure



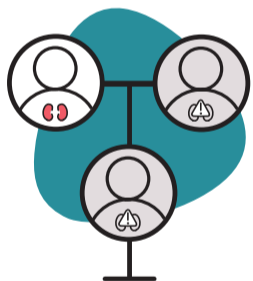
Current or former smoker



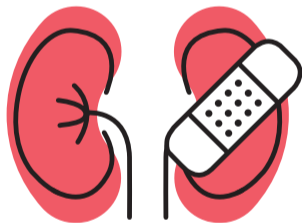
Very overweight or obese



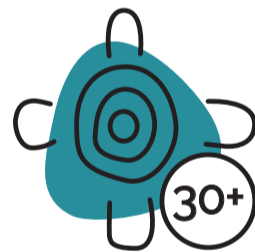
Had a stroke, heart attack or have heart failure



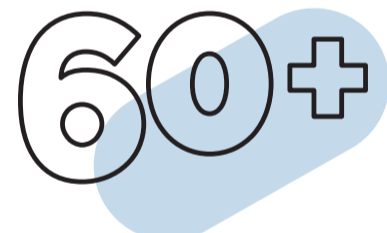
Family history of kidney failure, dialysis or kidney transplant



History of an acute kidney injury



Aboriginal or Torres Strait Islander origin 30+ years



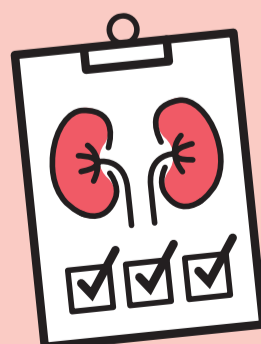
Over 60 years of age

### 2. Complete a kidney health risk assessment card

### 4. Connect with Kidney Health Australia

Freecall 1800 454 363  
kidney.org.au

### 3. Book an appointment



If you circled **YES** to any risk factors, see your GP for a **Kidney Health Check**