

TREATMENT OPTIONS & PATHWAYS



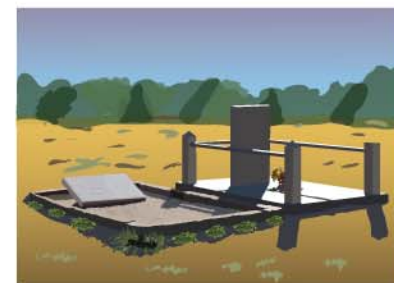
IMPORTANT MESSAGES:

1. Learn about your options and pathways
2. Talk with your family
3. Talk with your health workers
4. Make an Advanced Care Directive

TOPICS:

- Options and pathways
- Dialysis
- Haemodialysis
- Peritoneal Dialysis
- Kidney Transplant
- Palliative Care
- Advanced Care Directive

Many options and pathways



Talk with family



Talk with health workers



Live well and make good choices



be active



eat well



visit health clinic



don't smoke



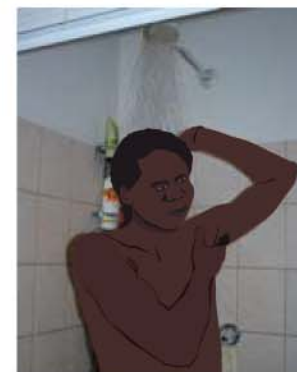
don't drink much alcohol



drink water



have medications



keep clean

Dialysis

- Haemodialysis

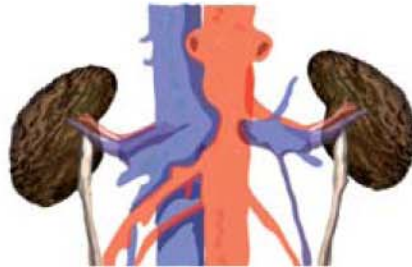
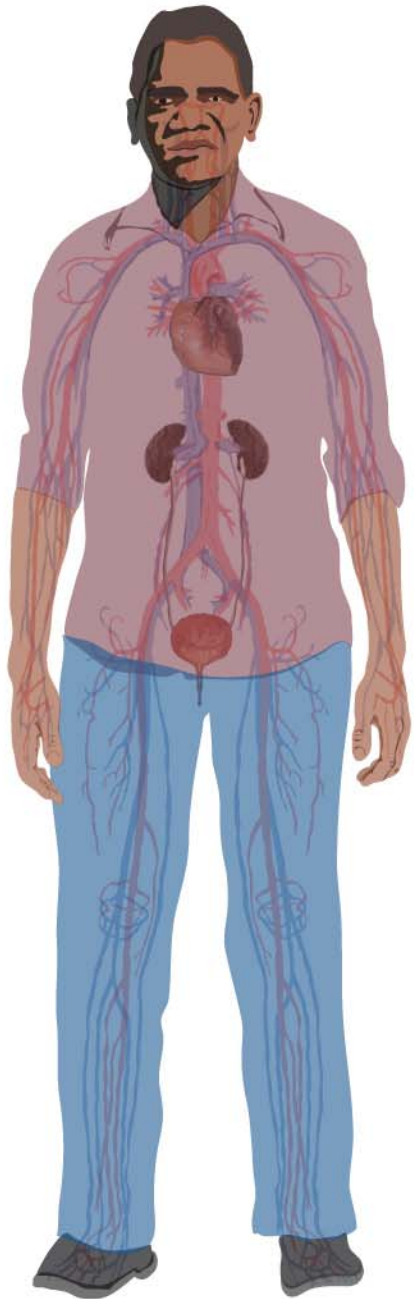


- Peritoneal dialysis - APD



- Peritoneal dialysis - CAPD

Dialysis



- a treatment for sick kidneys
- cleans your blood
- helps you to live longer
- does not fix your kidneys



Haemodialysis



Haemodialysis cleans your blood through a filter on a machine

Haemodialysis



You may need to live in town



Haemodialysis

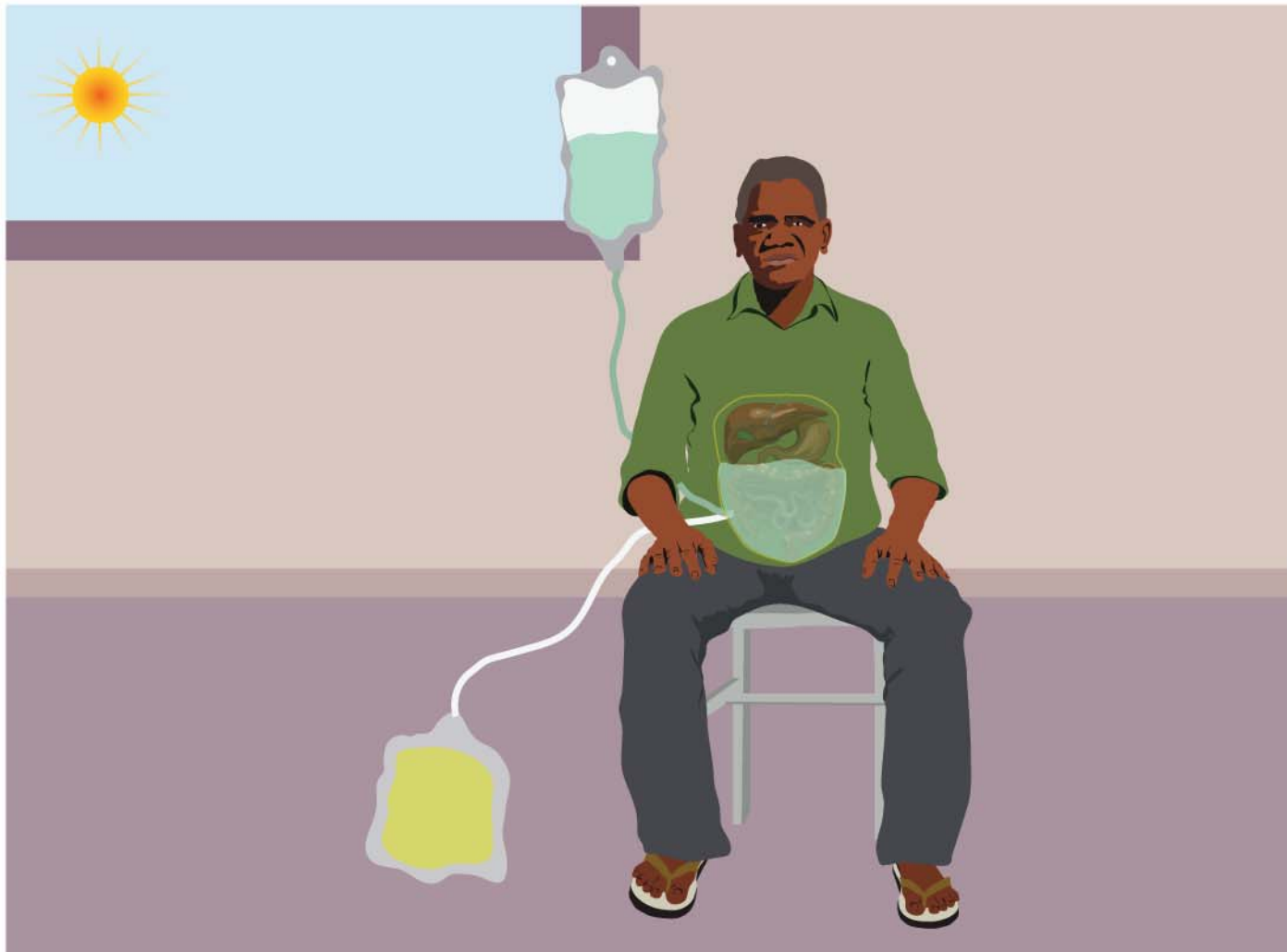


Learn to do dialysis so you can live in your community

Home haemodialysis



Peritoneal dialysis



Peritoneal dialysis cleans your blood through fluid in your peritoneal cavity

Peritoneal dialysis

You need to live in town while you learn

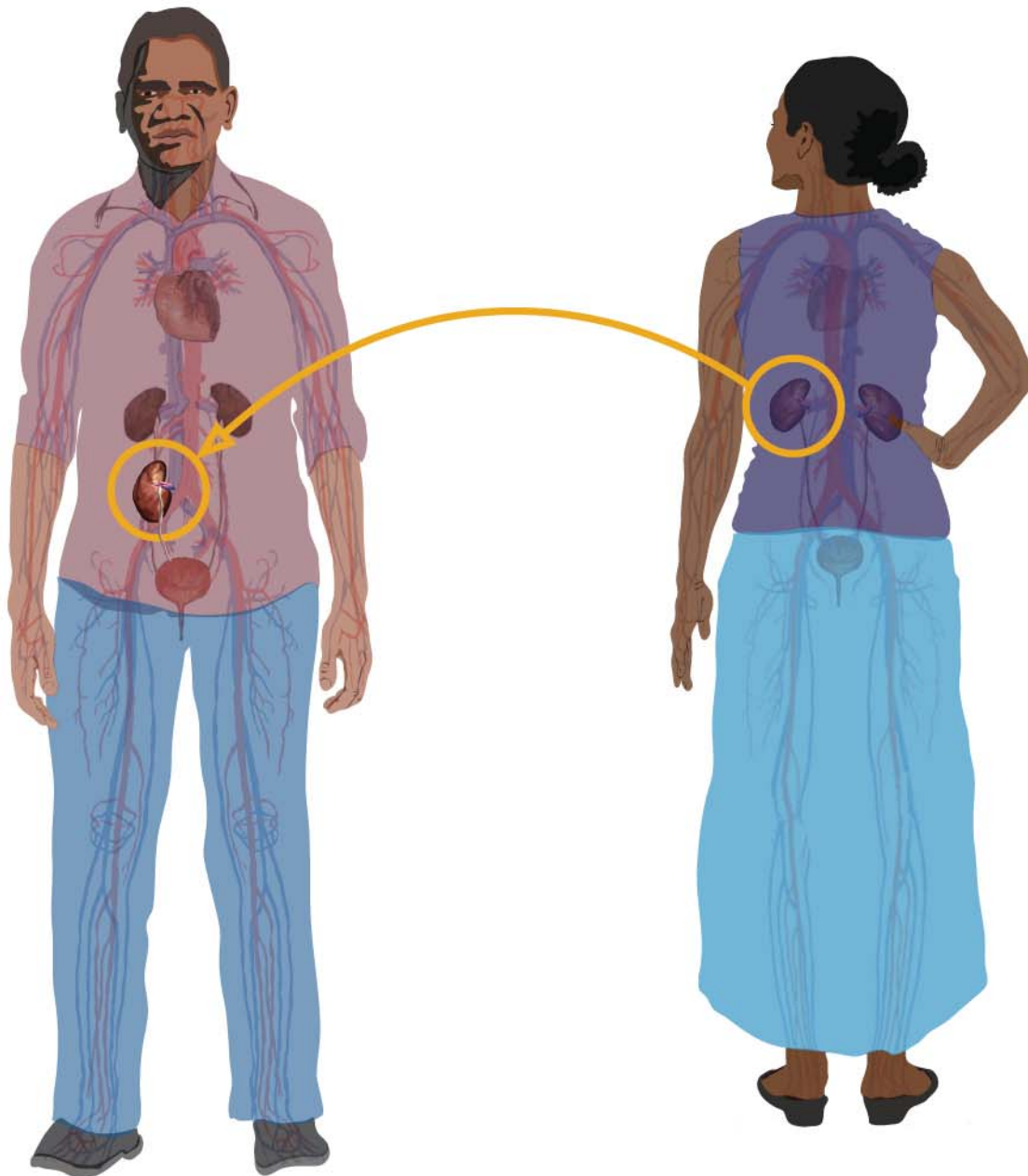




After you learn you can do dialysis from home



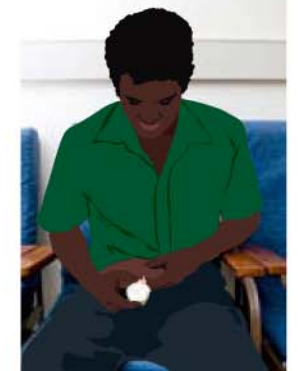
Kidney transplant



If you've been doing dialysis for some time you may be able to get a kidney transplant

Kidney transplant

Many medical tests for kidney transplant waiting list





No dialysis - palliative care



Finishing up



- At a hospice



- At a hospital

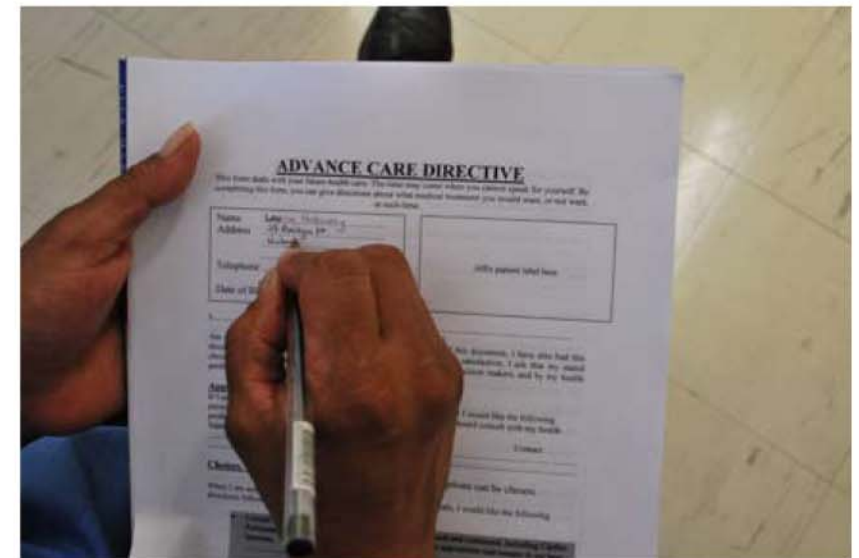


- At home





Advanced care directive



Talk with family and health workers



WORDS TO UNDERSTAND:

- treatment
- options
- pathways
- dialysis
- haemodialysis
- peritoneal dialysis
- kidney transplant
- palliative care
- advanced care directive

TREATMENT OPTIONS & PATHWAYS

RESOURCE TOPICS:



THE WORK OF YOUR KIDNEYS



WHEN YOUR KIDNEYS GET SICK



LIVING WITH KIDNEY DISEASE



DIET AND KIDNEY DISEASE



TREATMENT OPTIONS & PATHWAYS



PERITONEAL DIALYSIS



HAEMODIALYSIS



FISTULA AND CATHETER



PALLIATIVE CARE FOR PEOPLE WITH SICK KIDNEYS



TRANSPLANT BOOKS 1 - 4

NT Renal Services would like to thank all the renal patients and others who donated their time in posing for the photos that were used to make the illustrations in these resources.

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