Kidney transplant is one form of treatment for kidney disease. You must be very healthy to receive a kidney. Follow your doctors advice about dialysis and taking medicine. Kidneys are donated by either a donor who has passed away or a living family member or friend.

Medical Tests
Before the transplant you will need many tests, known as ‘the work-up’.

Waiting List
Most kidneys are received from a donor who has passed away. There is a long waiting list to receive a kidney.

Transplant Hospitals
Only large hospitals can do transplant operations.

Surgery
After the transplant surgery you will be in hospital for about a week.

You will need to stay close to the hospital for up to three months if you live out of town.

The transplant kidney may start working immediately but some take a little longer.

A working kidney transplant will keep you off dialysis but you must keep to a healthy lifestyle with good food, exercise and no smoking.

Medical
You must take medicine for the life of your transplanted kidney.

Doctors Visits
You will need very regular check-ups with your doctor.