

SA Holiday Dialysis Service

Admission Criteria



Take a holiday and make new memories while keeping your life-saving haemodialysis treatment on track.

Making a booking on the SA holiday dialysis service secures you a seat at a location. Final confirmation and approval will be provided by SA Health.

Before you make a booking, please read the required admission criteria below.

- Available for Australia and New Zealand citizens over 18 years of age
- Patients who have been established on haemodialysis for 3 months without any significant complications
- Patients fistula or graft should be functioning, problem free for 5 weeks post any corrective procedure
- There must be no infection at the vascular access site
- Patients must be ambulant or able to transfer independently from chair to chair. There is a lifter available to access the MDU for patient using a wheelchair/walking aid

Kidney Health Australia and SA Health are working in partnership to deliver holiday dialysis in South Australia



- Patients must arrange own transport to and from dialysis
- Patients must be medically stable, psychologically stable and able to tolerate the prescribed treatment
- Patients must bring their own EPO, iron and local anaesthetic
- Patients to bring their own dialyser if not currently using Fresenius FX80, FX100 and FX120 (only Fresenius stock available on truck).
- Patients must not require the administration of any IV medications including antibiotics during dialysis (EPO and anticoagulation excluded)
- Recent biochemistry within acceptable limits
- Patient must not have any drains or wounds requiring dressing changes or nurses' intervention
- Recent Haemoglobin over 85

We recommend that you take holiday/travel insurance to cover your travel expenses in the event your dialysis cannot be accommodated.

Should you have any questions about the admission criteria, please call our Kidney Helpline on **1800 454 363** or email [**bigred.kidneybus@kidney.org.au**](mailto:bigred.kidneybus@kidney.org.au).

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