



Live your best life. Plan your 2025 holiday today.

Book your free dialysis sessions on any VIC, QLD or NSW Big Red Kidney Bus.

No matter where you live and receive hemodialysis, book your free holiday treatments at one of the scenic destinations the Buses will be stationed at.

It's easy to book

Simply book online at
kidney.org.au/bus or
give us a call on
1800 454 363



Gold Coast QLD, Mon 1 Jan - Fri 27 June

More than the Big Banana. Perfect for a laid-back beach holiday or a base to explore the rainforests of the Waterfall Way or Solitary Islands Marine Park.

Coffs Harbour NSW, Mon 3 Feb - Sat 15 March

More than the Big Banana. Perfect for a laid-back beach holiday or a base to explore the rainforests of the Waterfall Way or Solitary Islands Marine Park.

Warrnambool VIC, Mon 10 Feb - Sat 8 March

Clean sheltered beaches, manicured parks and gardens, fascinating shipwrecks and contemporary art, there is certainly something for everyone.



Echuca VIC, Mon 17 March - Sat 12 April

The romance of the Murray River is alive and well in Australia's paddle steamer capital, where the twin towns of Echuca and Moama ooze a rich history.

Eligibility criteria & conditions apply.
See website for details: kidney.org.au/bus

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The bus is a fantastic opportunity to get out of the cocoon that becomes your life when on dialysis. Just a relief to see the outside world again.

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 **Kidney Health[®]**
Australia

A destination for everyone to visit in 2025.

Book your spot today at kidney.org.au/bus

Porepunkah VIC Mon 28 April - Sat 24 May

Porepunkah is a serene, picturesque Alpine town, just a 10-minute drive from Bright. The nearby Mount Buffalo National Park provides stunning views of the Ovens Valley and Alpine peaks

Ballina NSW, Mon 31 March - Sat 3 May

Nestled between the stunning hinterlands and long sandy beaches, not to mention just a stone's throw from Byron Bay, Ballina offers holiday-makers the perfect place to unwind and relax.

Port Macquarie NSW, 12 May - 14 June

For a nature-based holiday with serious gourmet credibility. Blessed with sparkling beaches lined with pockets of rainforest, the area is also a significant habitat for koalas.

Bendigo VIC, 16 June - 19 July

Australia's first ever designated UNESCO Creative City and Region of Gastronomy and boast one of Australia's oldest wine regions. Enjoy the rich local foodie scene, explore the local laneways and the vibrant street art.

Cooma NSW, 30 June - 26 July

Cooma is your gateway to the Snowy Mountains, home to Perisher, Australia largest ski resort, where you can try out the winter sports including skiing and snowboarding.

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 **Kidney Health**
Australia



Medical care provided thanks to:



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It's just the best thing to be able to go on holiday like everyone else.

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