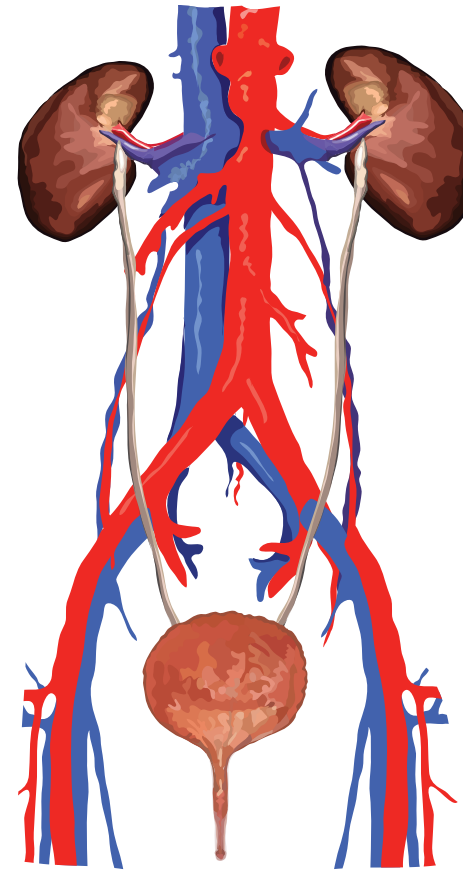
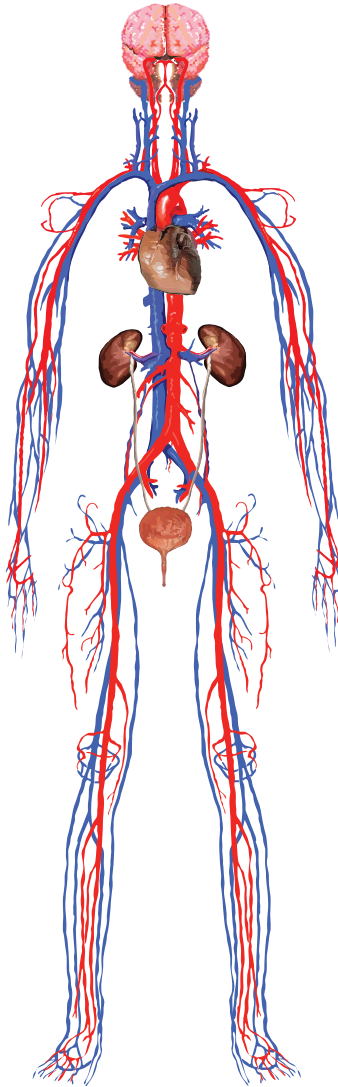
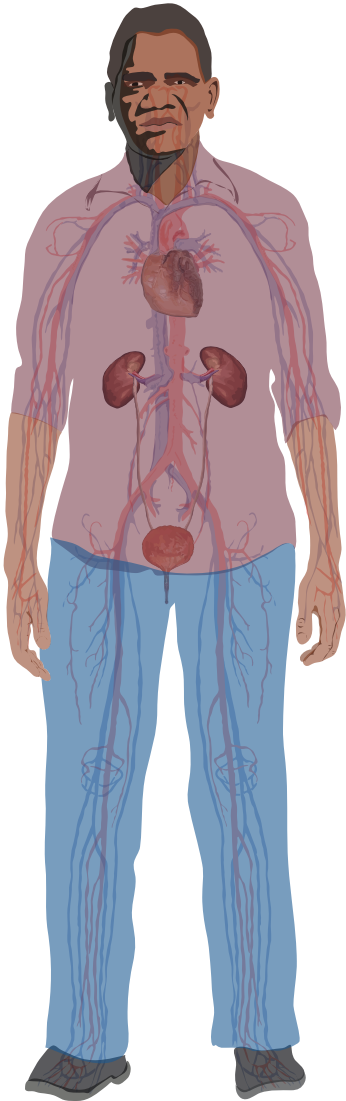


THE WORK OF YOUR KIDNEYS

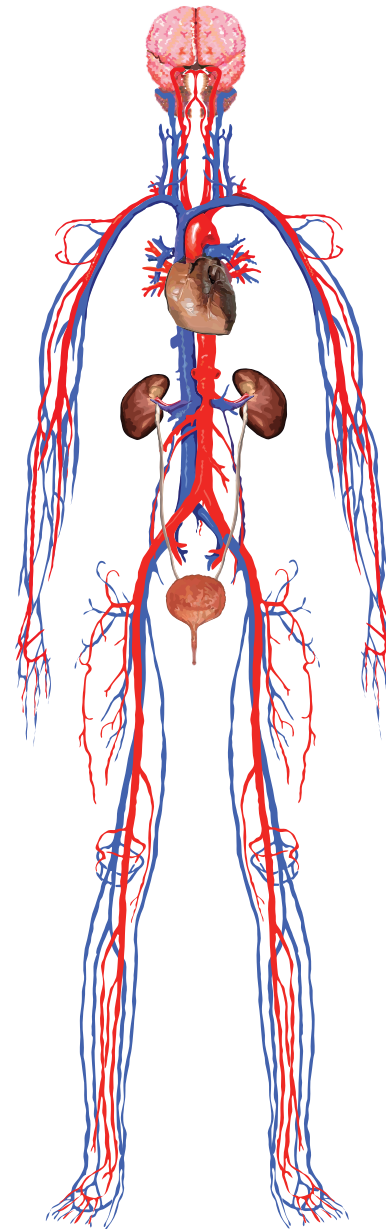
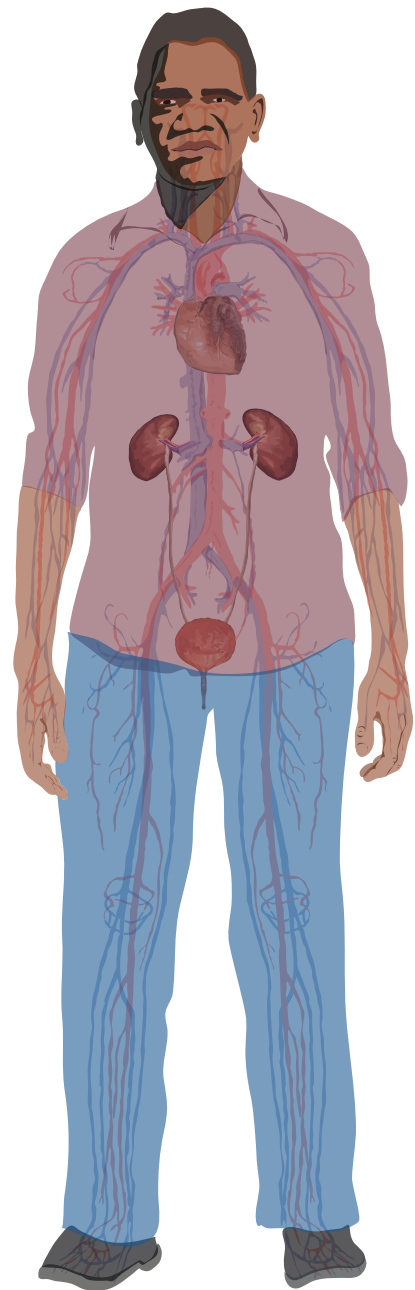


IMPORTANT MESSAGES

- Blood goes around your body; blood goes through your kidneys
- Kidneys have 5 jobs that keep you well
 1. keep blood strong and healthy
 2. keep blood pressure right
 3. keep water and salt level in your blood
 4. keep bones strong
 5. take waste out of your blood

TOPICS

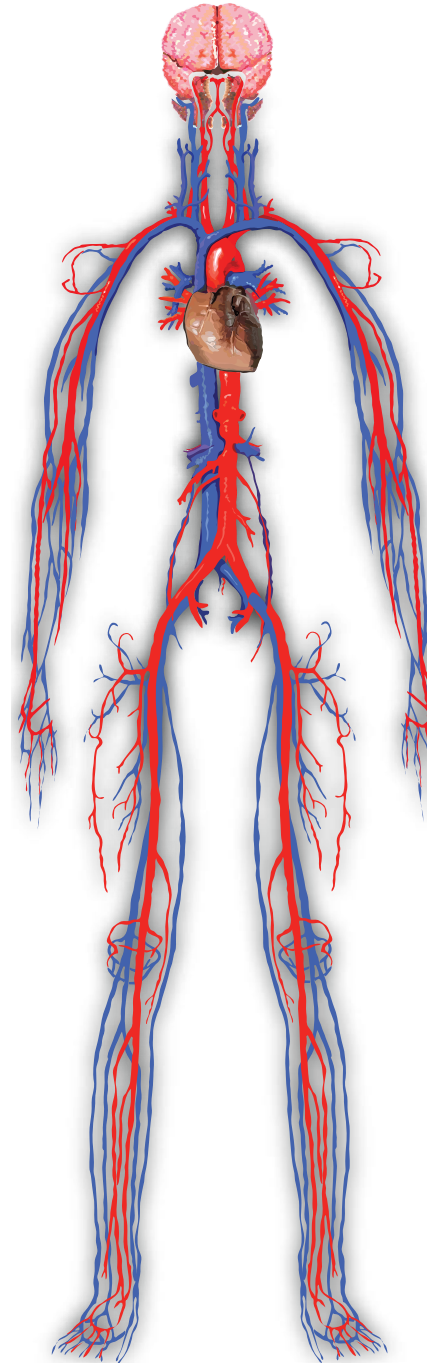
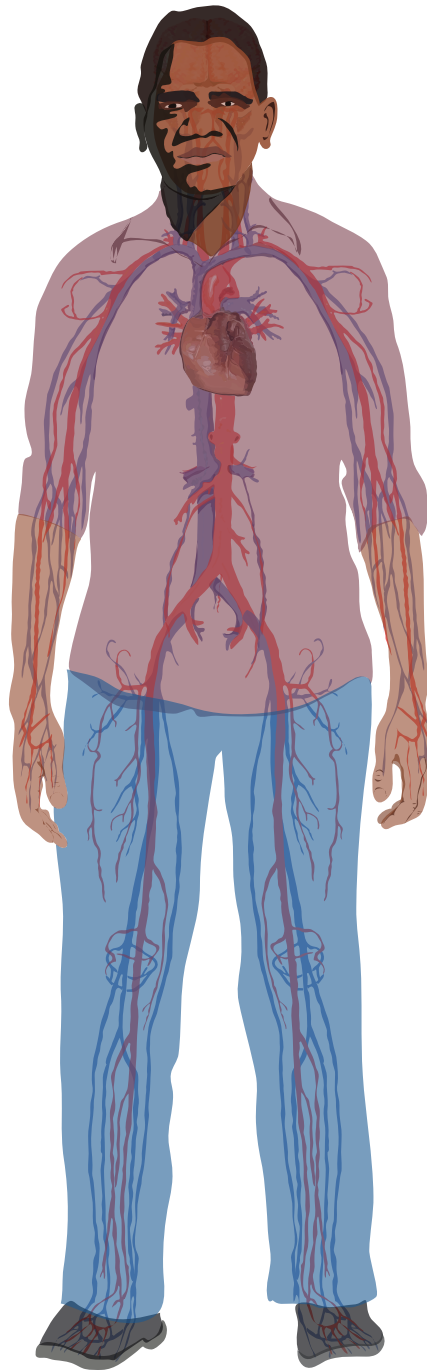
- Kidneys and blood
- Kidneys have 5 jobs
- What is waste in your blood?
- Kidneys work like a filter



- Two kidneys
- Kidneys and heart
- Kidneys and blood

5 JOBS OF YOUR KIDNEYS

1. Keep your blood healthy



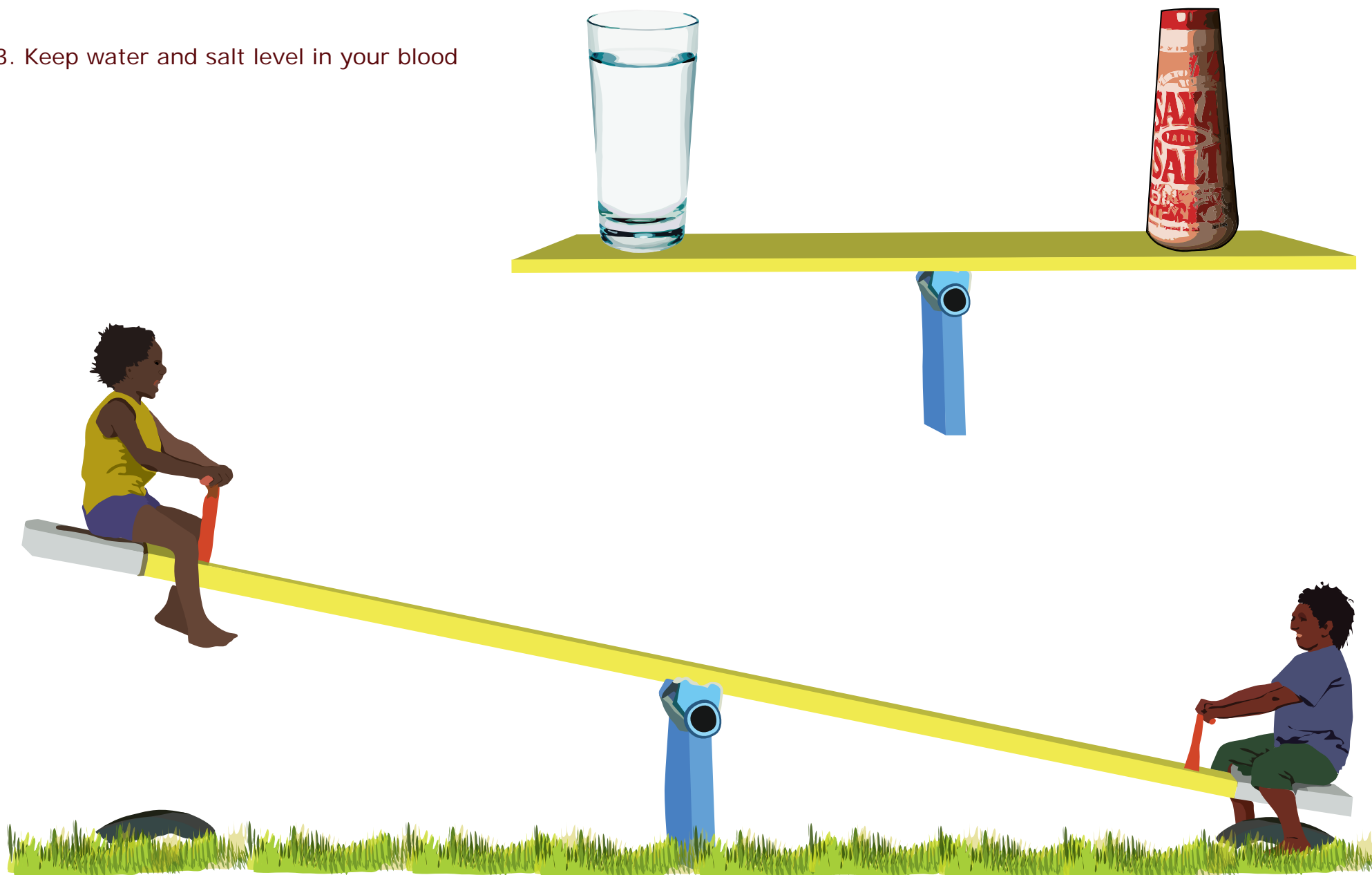
5 JOBS OF YOUR KIDNEYS

2. Keep your blood pressure right



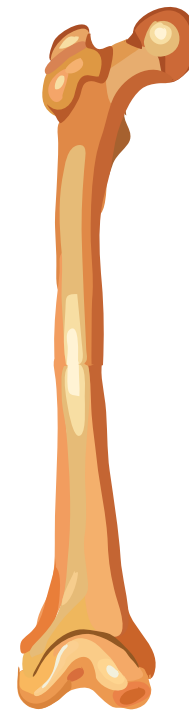
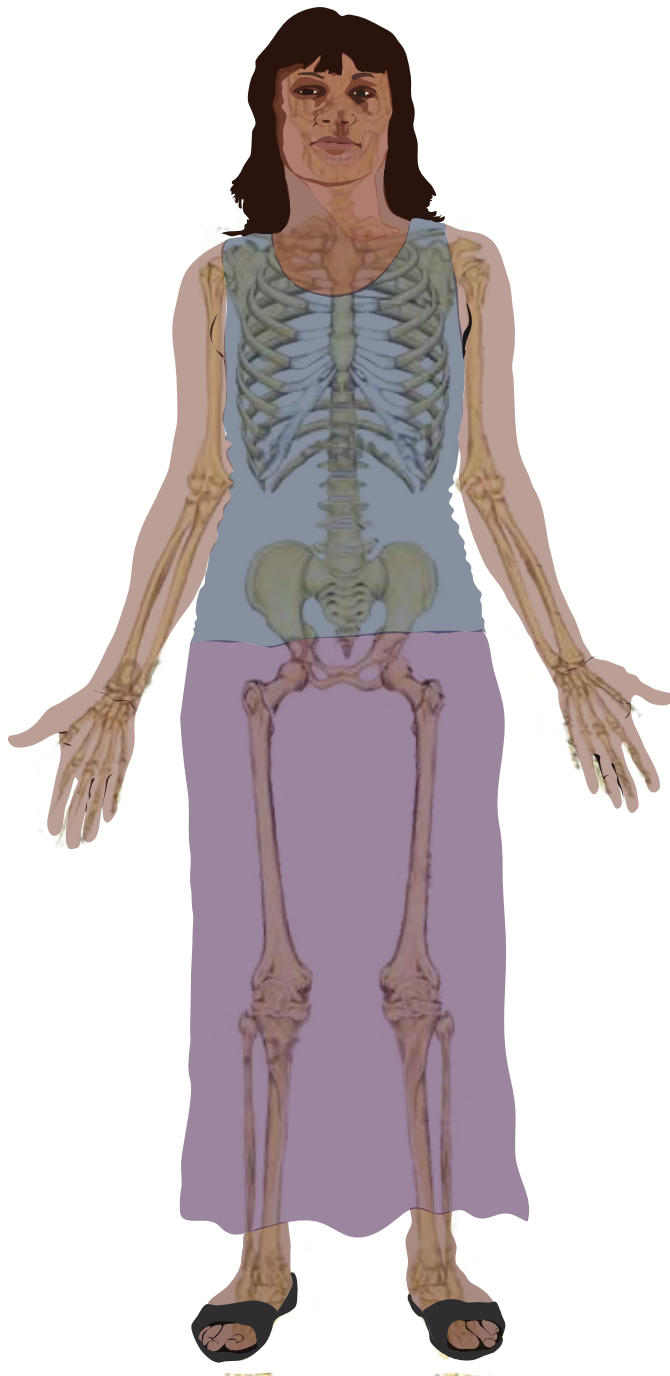
5 JOBS OF YOUR KIDNEYS

3. Keep water and salt level in your blood



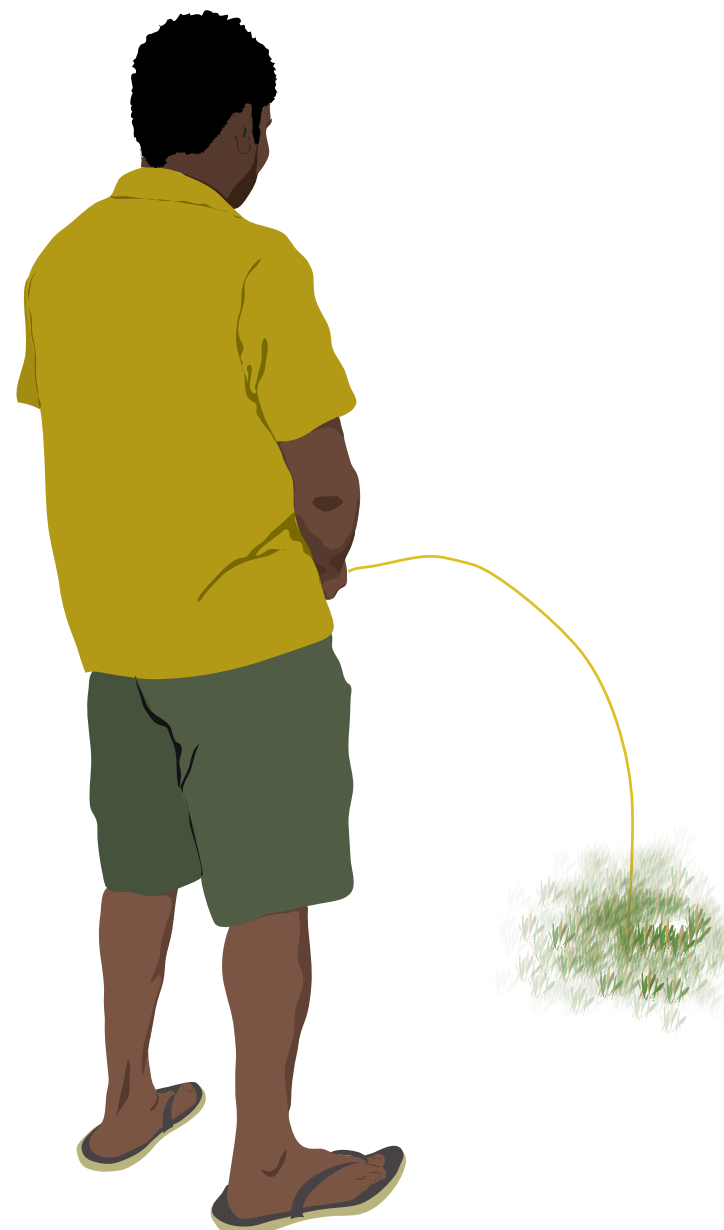
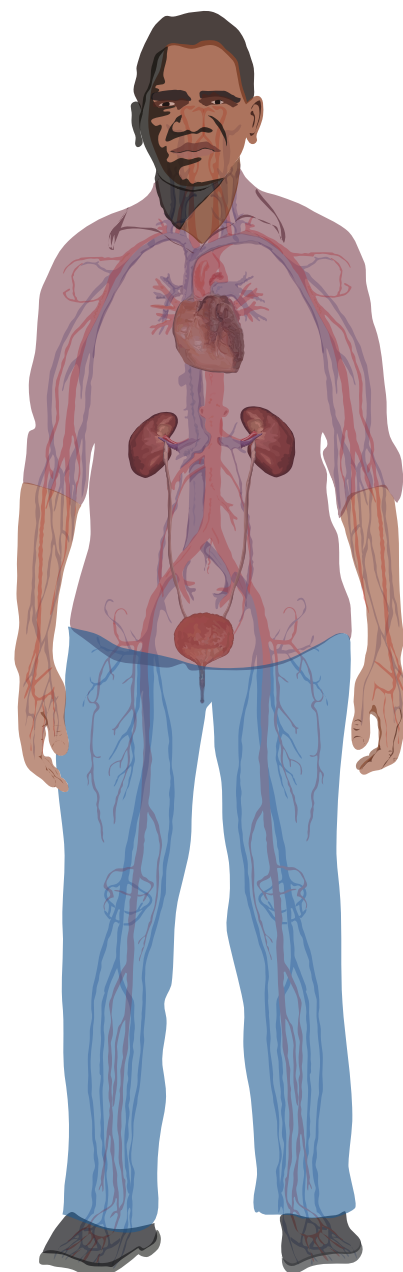
5 JOBS OF YOUR KIDNEYS

4. Keep your bones strong



5 JOBS OF YOUR KIDNEYS

5. Take extra water and extra salt and waste from your blood



WHAT IS WASTE IN YOUR BLOOD?

Breathing and eating gives you energy to move and live

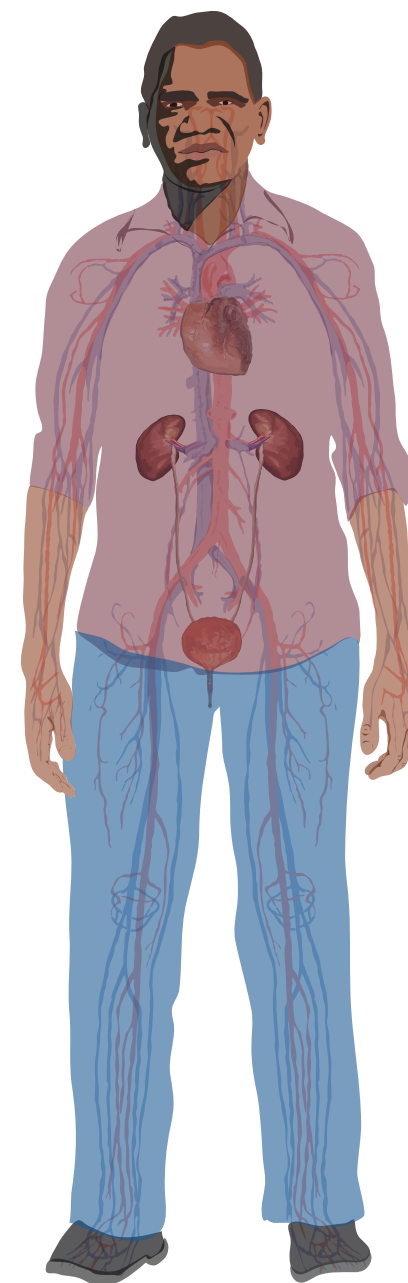


WHAT IS WASTE IN YOUR BLOOD?

Living, breathing, moving makes waste



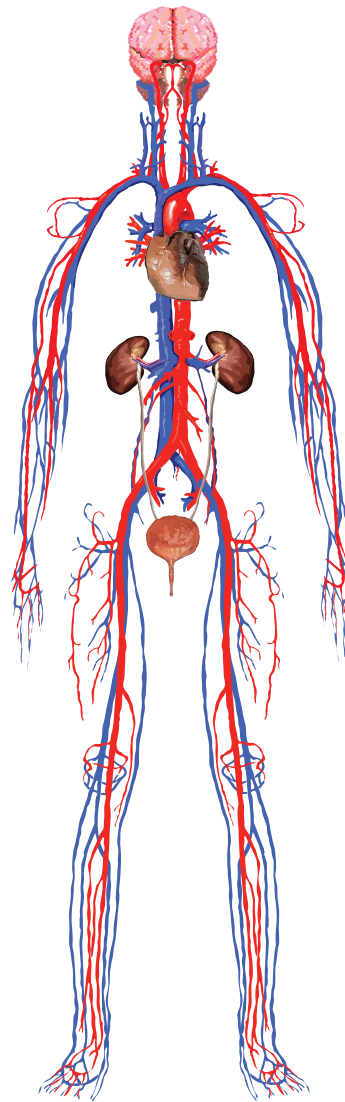
The waste is in your blood



WHAT IS WASTE IN YOUR BLOOD?

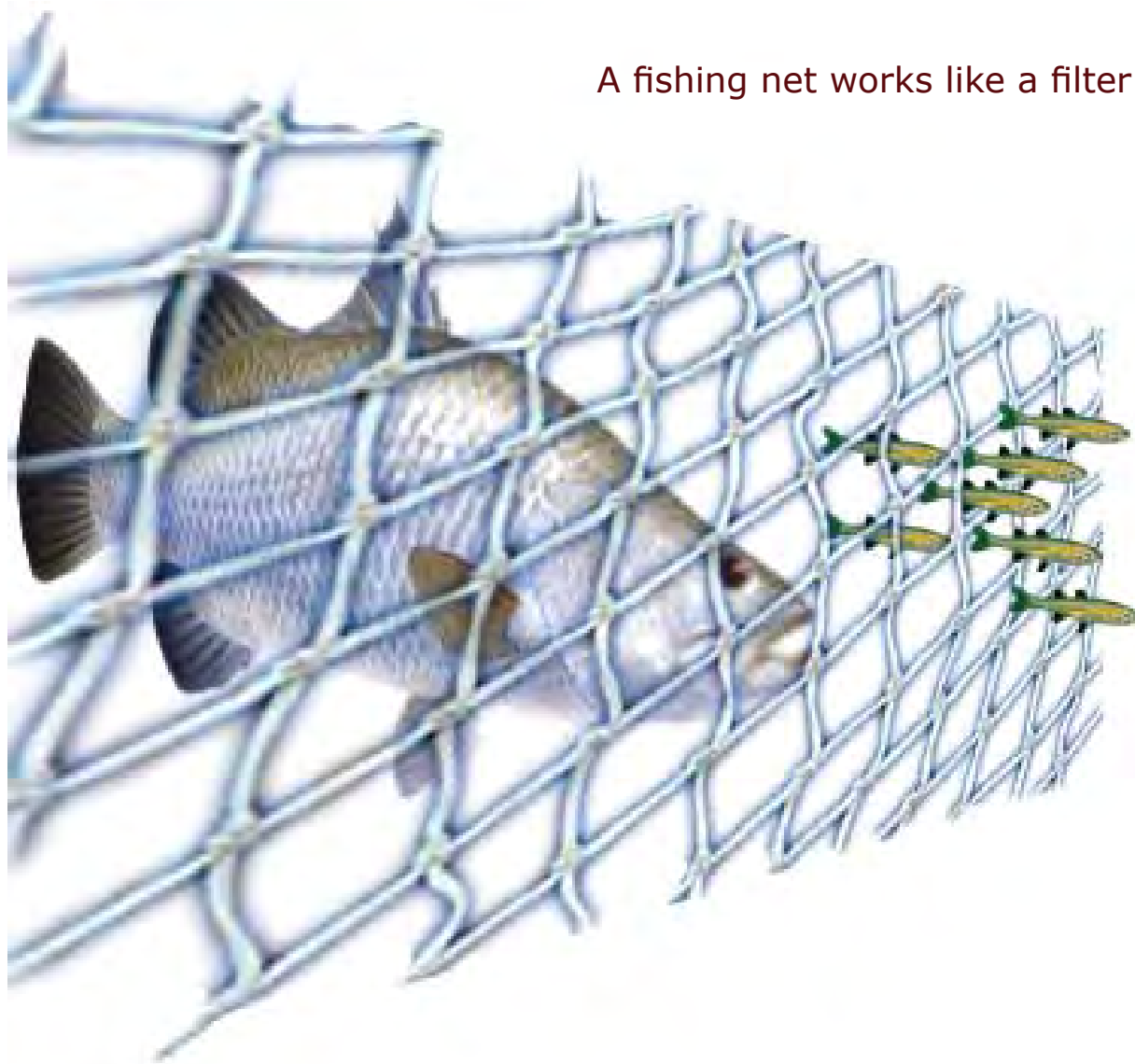
These are some of the names for the waste that is in your blood:

- urea
- creatinine



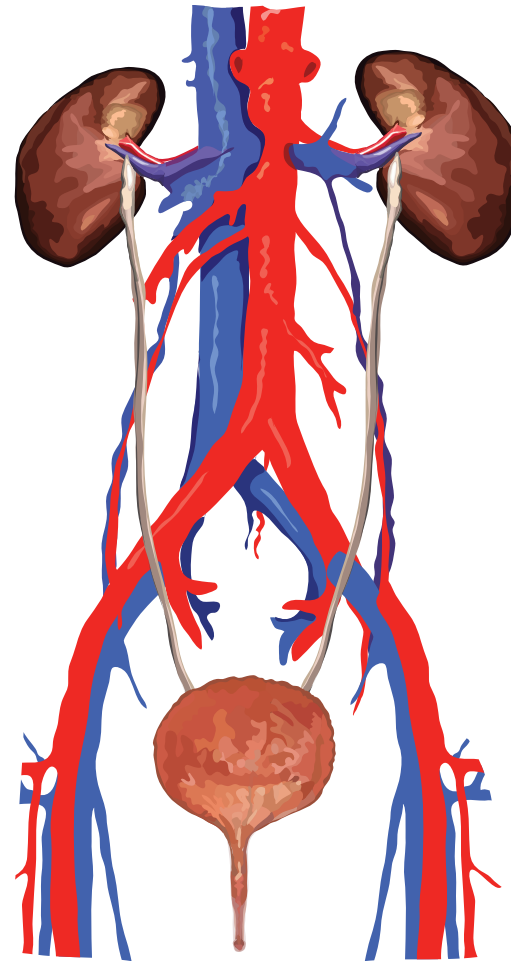
KIDNEYS WORK LIKE A FILTER

A fishing net works like a filter



KIDNEYS WORK LIKE A FILTER

Your kidneys filter the extra water, extra salt and waste out of your blood



KIDNEYS WORK LIKE A FILTER

This extra water, extra salt and waste goes out of your body in your urine



WORDS TO UNDERSTAND:

- blood pressure
- waste
- creatinine
- urea
- hormones
- level
- balance
- filter
- energy
- urine

THE WORK OF YOUR KIDNEYS

RESOURCE TOPICS:



THE WORK OF YOUR KIDNEYS



WHEN YOUR KIDNEYS GET SICK



LIVING WITH KIDNEY DISEASE



DIET AND KIDNEY DISEASE



TREATMENT OPTIONS & PATHWAYS



PERITONEAL DIALYSIS



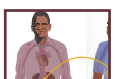
HAEMODIALYSIS



FISTULA AND CATHETER



PALLIATIVE CARE FOR PEOPLE WITH SICK KIDNEYS



TRANSPLANT BOOKS 1 - 4

NT Renal Services would like to thank all the renal patients and others who donated their time in posing for the photos that were used to make the illustrations in these resources.

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