

Help us paint the town red this World Kidney Day

Raise awareness for kidney disease on the 12th of March.

kidney.org.au/wkd

Dress the part



Buy and wear a pair of red socks.



Share a photo of you at a red landmark in your city.

Spread the word



Ask your friends to take the Kidney Risk Test.

kidney.org.au/risktest



You can lose 90% of your kidney function before symptoms appear.

Take the 2min free Kidney Risk Test online now:

kidney.org.au/risktest



**TAKE TWO
MINUTES FOR
YOUR KIDNEYS**

**World Kidney Day
12 March 2026**

**Kidney Health[®]
Australia**