

**2.5 million Aussies
have markers of
kidney disease and
don't even know it.**



***A simple piss take
could save your life.***

**Ask your GP for a
Kidney Health Check.**

takethepiss.org.au



**Kidney[®]
Health
Australia**

You can lose **90%** of your kidney function with no symptoms.

Are you
takin' the
piss?



Ask your GP for a Kidney Health Check.



**Kidney
disease
is serious.**



A piss take is simple.

**Ask your GP for a
Kidney Health Check.
takethepiss.org.au**



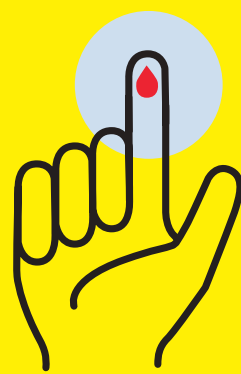
**Kidney[®]
Health
Australia**

You can lose 90% of your kidney function with no symptoms.

**If any of these apply to you,
see your GP for a Kidney Health Check**



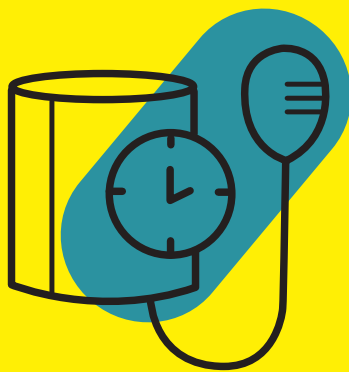
Heart disease



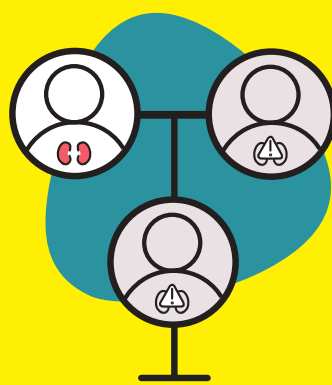
Diabetes



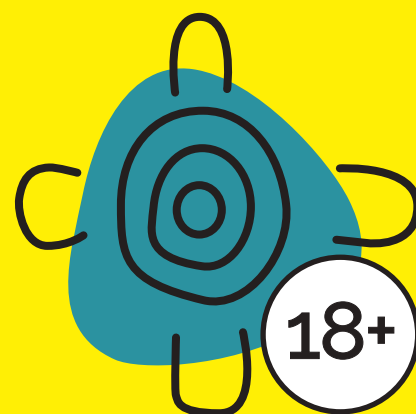
Smoking or vaping



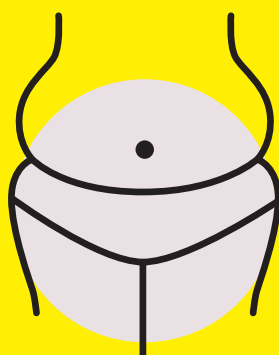
High blood pressure



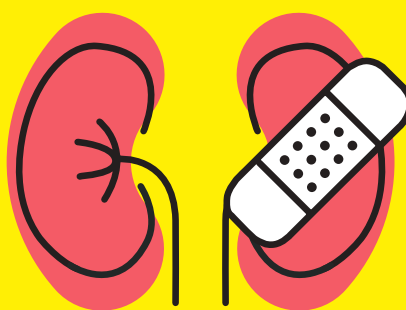
Family history of kidney failure



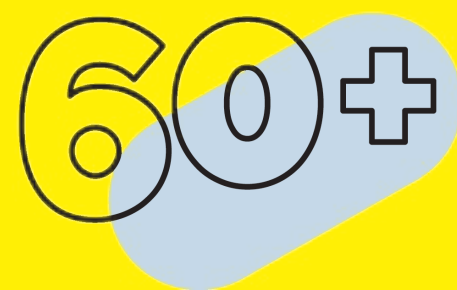
First Nations Australian



Obese



Acute kidney injury



60 years old or older

Your kidneys will thank you.

